

referral resources

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation	Illinois Department of Children and Family Services (DCFS)
Dial 911	800-25-ABUSE (800-252-2873) Call if you suspect that a child has been harmed or is at risk of being harmed by abuse or neglect.
Chicago Public Schools	CARES Line (24 hour) Screening, Assessment, Support, and Services (SASS)
Crisis Hotline: 773-553-1792 Student Safety Center: 773-553-3335	1-800-345-9049 Contact if the child is a risk to themselves or others, having a mental health crisis, or if you would like a referral to services for children, youth, and families.

DOMESTIC VIOLENCE AND SEXUAL ABUSE RESOURCES

Chicago Domestic Violence Help Line	National Domestic Violence Hotline
1-877-863-6338 Information, Options, Counseling, Legal and Shelter Services	1-800-799-SAFE (7233) 1-800-787-3224 (hearing impaired line)
YWCA Metropolitan Chicago	Resilience/Rape Victim Advocates
312-733-2102 Sexual violence support services, including counseling and advocacy. Multiple South Side locations.	312-443-9603 Free trauma therapy, medical, and legal advocacy related to sexual violence in the Loop, Austin, and Ravenswood.
National Sexual Assault Hotline	Chicago Rape Crisis Hotline
1-800-656-HOPE (4673)	1-888-293-2080
Mujeres Latinas en Accion	KAN-WIN
773-890-7676 Bilingual/bicultural individual and group therapy for domestic and sexual violence in Pilsen and Brighton Park.	773-583-0880 Provides domestic and sexual violence support and advocacy focused on Asian American survivors. Confidential location.
Between Friends	Apna Ghar
1-800-603-4357 Domestic violence multilingual counseling and support services, teen relationship education, and court advocacy. Confidential location.	773-334-4663 Sexual and domestic violence services focused on crisis response, counseling, and advocacy for immigrants. Uptown and Skokie.

MENTAL HEALTH & WELLNESS RESOURCES

National Suicide Prevention Lifeline	988 Suicide & Crisis Lifeline
1-800-273-TALK (8255) (press 2 for Spanish)	Call 988 or Text 988 (Chat: 988lifeline.org/chat) If you or someone you know is having thoughts of suicide or experiencing a mental health or substance use crisis, 988 provides a connection to free, 24/7 confidential support.
National Runaway Safeline	Safe2Help Illinois Helpline
1-800-RUNAWAY 1-800-786-2929	Call:1-844-4-SAFEIL / Txt: SAFE2 (72332) 24/7 Helpline: Students can use a free app, text/phone, or the website (Safe2HelpIL.com) to share school safety issues in a confidential environment.
STOP-IT Now	Youth Outreach Services
1-877-606-3158 24-hour Human Trafficking Hotline	773-777-7112 Behavioral health services for youth, including for problematic sexual behavior.
NAMI of Greater Chicago's Mental Health	Illinois Mental Health Collaborative
Helpline: 312-563-0445 1-800-950-NAMI (6264) National Alliance on Mental Illness (NAMI) HelpLine provides information and referral services.	1-866-359-7953, TTY: 1-866-880-4459 (Press 2 for the Warm line to talk with someone who will listen during a difficult time)
Metropolitan Family Services	Ada S. McKinley Community Services
312-986-4000 Provides support to children and adults with chronic mental illness.	773-918-6100 Provides outpatient care for trauma and gang related violence, or for personal trauma related to physical, sexual or emotional abuse.
Lutheran Social Services of Illinois (LSSI)	Association House
773-282-7800 Outpatient and residential counseling, mental health and alcohol/drug treatment services for children and families.	773-772-7170 Mental health services, substance abuse prevention and treatment, and 24 hour supervised residential living, rehabilitation.
Please Stay	
www.pleasestay.us An interactive resource to support mental health created by Find Your Anchor and Born This Way Foundation.	

LEGAL AID & STUDENT DISCIPLINE SUPPORT RESOURCES

Equip for Equality Chicago	Legal Aid Chicago
<p>1-800-537-2632</p> <p>Equip for Equality is an independent agency whose primary goal is to protect the civil and human rights of people with disabilities, including legal services for families with children with special education services who experience exclusionary school discipline and criminal justice involvement.</p>	<p>1-312-341-1070</p> <p>Legal Aid Chicago provides free civil legal representation to residents of Chicago and Cook County including special education, school discipline, criminal justice involvement and a variety of other legal issues that impact the housing, immigration, employment, and economic stability of children and families.</p>
Chicago Lawyers' Committee for Civil Rights & CARPLS Hotline	Stand Up For Each Other! (SUCEO) Chicago
<p>1-312-738-9200 (CARPLS Hotline)</p> <p>Chicago Lawyers' Committee is a civil rights organization that offers assistance in the areas of community law, education equity and school discipline.</p>	<p>1-773-800-0338</p> <p>SUCEO Chicago provides free information and services for families of K-12 students facing suspension, bullying, or exclusion from school. Law students operate a hotline, supervised by attorneys in the Civitas ChildLaw Clinic.</p>
<h2>SUBSTANCE ABUSE RESOURCES</h2>	
SAMHSA's National Helpline	Human Resource Development Institute (HRDI)
<p>1-800-662-HELP (4357)</p> <p>http://findtreatment.SAMHSA.gov</p> <p>24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations for both substance abuse and mental health services.</p>	<p>773-291-2500</p> <p>Child and adolescent outpatient services for substance abuse services to children between 12-17 years. Inpatient substance abuse treatment facility for adolescent girls.</p>
Gads Hill Center	Gateway Foundation
<p>312-226-0963</p> <p>Group and individual counseling for substance use, gang involvement, anxiety, etc.</p>	<p>773-826-1916</p> <p>Outpatient programs, residential programs, and aftercare for youth drug and alcohol treatment.</p>
South East Alcohol & Drug Abuse Center (SEADAC)	Narcotics Anonymous
<p>773-731-9100</p> <p>Clinical outpatient treatment and counseling for adult and youth alcohol and drug abuse.</p>	<p>1-888-GET-HOPE (438-4673) (Hopeline)</p> <p>www.na.org/meetingsearch</p>



Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center	Trevor Project Crisis Line
1-888-843-4564 www.glnh.org	1-866-4-U-TREVOR (488-7386) www.theTrevorProject.org
GLBT National Youth Talkline	Broadway Youth Center
1-800-246-PRIDE (1-800-246-7743) www.glnh.org/talkline	773-388-1600 A safe haven for LGBTQ youth. Health clinic, drop-in services, counseling and resource advocacy in Uptown.
Chicago: Center on Halsted LGBTQ Violence Resource Line	Illinois Safe Schools Alliance
773-871-CARE (2273) Violence Resource Line assists LGBTQH people exposed to violence.	312-533-2624 Promotes healthy development for LGBTQ youth in IL schools through advocacy, education and youth organizing.