



Resources to support CPS students reproductive health, reproductive decision making, and to support Pregnant and Parenting Students. This resource was created to accompany the [“Supporting Pregnant and Parenting Students in CPS Webinar”](#).

Confidential reproductive health care including options counseling for pregnant young people

[CPS School Based Health Centers](#) locator

Federally Qualified Health Centers Locator Tool: [FQHC](#)

[CHAT](#) Chicago Healthy Adolescents & Teens (Article: [“If you think you’re pregnant”](#))

[www.ican4all.org](#): no cost contraception in the Chicago area including transportation & decision making tools, all referrals have been vetted

[Erie Chicago Health Centers](#)

[Howard Brown Health Centers](#)/ [Broadway Youth Center](#) (services center LGBTQIA young people)

[Planned Parenthood Health Centers](#)

Sexual Assault, Dating Violence, Domestic Violence, and Title IX Support

Resilience: <https://www.ourresilience.org/>

Chicago Rape Crisis 24/7: 888-293-2080

[Chicago Public Schools Office of Student Protections](#): 773-535-4400 or osp@cps.edu

CPS Sexual Health Education & Safe & Supportive Environment Resources

[CPS Sexual Health Education](#)

[CPS LGBTQ Student Supports](#)

Parenting Supports and Referrals

OSHW hotline: 1-773-553-KIDS (5437)

[Chicago Healthy Adolescents & Teens](#) provides information on the **pregnancy options of parenting, adoption, or abortion**

- [ConnecTeen](#) is a Coordinated Intake program that connects pregnant and parenting youth to **home visiting** and **doula** programs in their own community (resources include birthing & non-birthing parents)
- [The Night Ministry's](#) Response-Ability Pregnant and Parenting Program (RAPPP) offers **short-term housing** to youth ages 14-21 and their children
- [Maryville Crisis Nursery](#) provides **short-term care** for parents in distress and experiencing a crisis
- [Healthcare Alternative Systems \(H.A.S.\)](#) - Postpartum Depression Supports

Reproductive Justice Organizations

[SisterSong](#): National Women of Color Reproductive Justice Collective

[Illinois Caucus for Adolescent Health](#)

[Native Youth Sexual Health Network](#)
[National Asia Pacific American Women’s Forum](#)
[National Latina Institute for Reproductive Justice](#)

Language Reframes

Language used with an individual should reflect their self-identification. You’ll notice in our videos that individual students may identify with some of the terms on the left and that their chosen adults reflect these terms. Reflecting self identified terms is important in individual conversations. The terms on the right are intended for staff use in groups and at times where they may not know how individuals identify, not to monitor or correct student language.

Terms that may carry stigma	Alternate phrases
<ul style="list-style-type: none"> - Unwed mother - Teen mom/ Teen Dad - Young mother/father - Teen pregnancy - Out-of-wedlock 	<ul style="list-style-type: none"> - Pregnant person, parent - Pregnant students/ pregnant young people - Parenting students/ parenting young people - Non-birthing partner or co-parent - New parent - Unmet contraceptive need

Recommended Articles*

*Articles compiled represent literature relevant to support for PPY and provide data or advice for those supporting them. Inclusion does not represent endorsement of all included content. Please use professional judgment in applying this information to young people you serve.

Chambers, B. D. (2015, July 25). *Taking the Stigma Out of Adolescent Pregnancy and Parenthood: What Schools Can Do*. ETR Blog. <https://www.etr.org/blog/my-take-take-out-stigma/>

Chaudhri A, Waligora K. Contraceptive justice: policy and community assessment report. EverThrive Illinois 2019.
https://everthriveil.org/wp-content/uploads/2021/01/2019_ContraceptiveJusticePolicyandCommunityAssessmentReport.pdf (accessed April 23, 2021).

Hackett, K. (2020). Addressing the mental Health needs of parenting teens. Exploring Barriers and improving access to care: Lessons learned from Philadelphia.
<https://policylab.chop.edu/sites/default/files/pdf/publications/PolicyLab-Issue-Brief-Addressing-Mental-Health-Needs-Parenting-Teens.pdf>.

Hatfield, J. (2021). Talking to Your Kids About Postpartum Mood and Anxiety Disorders.
<https://postpartumprogress.com/talking-kids-postpartum-mood-anxiety-disorders>

Healthy Teen Network, Supporting Young Fathers

<https://www.healthyteenetwork.org/resources/better-engage-young-fathers/>

Hodgkinson, S., Beers, L., Southammakosane, C., & Lewin, A. (2014). Addressing the mental health needs of pregnant and parenting adolescents. *Pediatrics*, 133(1), 114-122.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3876179/pdf/peds.2013-0927.pdf>.

Illinois Department of Public Health. Illinois maternal morbidity and mortality report; 2018.

<https://dph.illinois.gov/sites/default/files/publications/publicationsowhmaternalmorbiditymortalityreport112018.pdf>

Kost K. Unintended pregnancy rates at the state level: estimates for 2010 and trends since 2002.

Guttmacher Institute, New York, 2015

<http://www.guttmacher.org/pubs/StateUP10.pdf>

M. Lassar et al., Closing the contraceptive coverage gap: A multipronged approach to advancing

reproductive equity in Illinois, *Contraception*, <https://doi.org/10.1016/j.contraception.2021.05.010>

Recto, P., & Lesser, J. (2021). "Fathers need help too": Adolescent fathers and depression. *Issues in*

Mental Health Nursing, 42(5), 515-518. <https://doi.org/10.1080/01612840.2020.1752866>

Nall, R. (2016). What are the mental health effects of teenage pregnancy?

<https://www.healthline.com/health/pregnancy/teenage-pregnancy-effects>

Presentation Citations

1. Hatzenbuehler, M. L., Phelan, J. C., & Link, B. G. (2013). Stigma as a Fundamental Cause of Population Health Inequalities. *American Journal of Public Health*, 103(5), 813–821. <https://doi.org/10.2105/ajph.2012.301069>
2. Chambers, B. D. (2015, July 25). *Taking the Stigma Out of Adolescent Pregnancy and Parenthood: What Schools Can Do*. ETR Blog. <https://www.etr.org/blog/my-take-take-out-stigma/>
3. Wiemann, C. M., Rickert, V. I., Berenson, A. B., & Volk, R. J. (2005). Are pregnant adolescents stigmatized by pregnancy? *Journal of Adolescent Health*, 36(4), 352.e1-352.e7. <https://doi.org/10.1016/j.jadohealth.2004.06.006>