

# MARCH 2022 MENU

## Pre-K Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Week of February 28	<p>Chicken Tenders &amp; Waffle w/ Syrup</p> <p>Tater Tots</p> <p>Apple Wedges</p>	<p>Turkey Taco Flavored Nachos</p> <p>Refried Beans</p> <p>Half Banana</p>	<p>Chicken Nuggets w/ Lo Mein Noodles</p> <p>Cucumber Slices</p> <p>Apple Slices</p>	<p>Curry Lentils (V) w/ Brown Rice</p> <p>Seasoned Broccoli</p> <p>Strawberry Applesauce</p>	<p>French Bread Cheese Pizza (V)</p> <p>Sweet Corn</p> <p>Orange Wedges</p>
Week of March 7	<p>Hamburger</p> <p>Sweet Potato Fries</p> <p>Diced Peaches</p>	<p>Enchilada Flavored Turkey Crumbles over Chipotle Rice w/ Salsa</p> <p>Sweet Corn</p> <p>Apple Wedges</p>	<p>Robust Marinara Chicken Meatballs &amp; Spaghetti</p> <p>Cucumber Slices</p> <p>Orange Wedges</p>	<p>Black Bean Chili (V) w/ Breadstick</p> <p>Fresh Broccoli</p> <p>Half Banana</p>	<p>Cheese PizzaBoli (V)</p> <p>Tater Tots</p> <p>Strawberry Applesauce</p>
Week of March 14	<p>Baked Mac &amp; Cheese (V)</p> <p>Fresh Broccoli</p> <p>Orange Wedges</p>	<p>Beef &amp; Cheese Tacos w/ Lime Crema</p> <p>Refried Beans</p> <p>Apple Wedges</p>	<p>Chicken Nuggets w/ Fresh Baked Breadstick</p> <p>Fresh Broccoli</p> <p>Strawberry Applesauce</p>	<p>Vegetarian Shepherd's Pie w/ Breadstick</p> <p>Cheesy Mashed Potatoes</p> <p>Half Banana</p>	<p>Marinara Chicken Meatball Sub</p> <p>Diced Celery</p> <p>Fruit Cocktail</p>
Week of March 21	<p>Chicken Patty Sandwich</p> <p>Sweet Potato Fries</p> <p>Diced Peaches</p>	<p>Beef Quesadilla w/ Creamy Salsa</p> <p>Sweet Corn</p> <p>Apple Wedges</p>	<p>Hamburger</p> <p>Seasoned Green Beans</p> <p>Strawberry Applesauce</p>	<p>Black Bean Chili w/ Half Grilled Cheese (V)</p> <p>Diced Celery</p> <p>Half Banana</p>	<p>French Bread Cheese Pizza (V)</p> <p>Fresh Broccoli</p> <p>Orange Wedges</p>

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	Monday	Tuesday	Wednesday	Thursday	Friday
Week of March 28	<p>Chicken Tenders</p> <p>Tater Tots</p> <p>Orange Wedges</p>	<p><b>Women's History Month Recipe</b>                      Chef Morgan's Southwest Taco Soup w/ Tortilla Chips</p> <p>Refried Beans</p> <p>Apple Wedges</p>	<p>Chicken Lo Mein                      Lo Mein Noodles</p> <p>Italian Blend                      Green Beans</p> <p>Fruit Cocktail</p>	<p>Curry Lentils (V)                      w/ Brown Rice</p> <p>Sweet Corn</p> <p>Orange Wedges</p>	<p>Cheese Stick (V)                      w/ Marinara</p> <p>Seasoned Broccoli</p> <p>Half Banana</p>



(V) = Vegetarian or meatless items  
 (L) = Locally Sourced  
 1% and Skim Milk options available  
 Menu items are subject to change