






K-12 GNG BREAKFAST

March 2022

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|---|--|--|--|
| 28 | 1 | 2 | 3 | 4 |
| Maple Mini Waffles | Chicken-Sausage & Cheese Breakfast Sandwich | Strawberry Belgian Liege Waffle | Egg & Cheese English Muffin | Cinnamon Toast Crunch Bar or Honey Oats Crunch Bar |
| Apple Cinnamon Bar | Assorted Cereals w/ Hard Boiled Egg | Creamy Yogurt Cup w/ Rockin'Ola Strawberry Granola | Assorted Cereals w/ Cheddar Cheese Stick | Apple Slices |
| Orange | Orange Juice | Blueberries | Dried Cranberries | |
| Dried Cranberries | Apple | Banana | Orange | Banana |

National School Breakfast Week is March 7 – 11!

| | | | | |
|--|---|---|---|--|
| 7 | 8 | 9 | 10 | 11 |
| Turkey-Sausage Egg & Cheese Breakfast Pocket  | Blueberry Mini Waffles | Chicken-Ham & Cheese English Muffin  | Chilaquiles Rojo  | Egg & Cheese Breakfast Melt |
| Assorted Cereals w/ Hard Boiled Egg | SunButter Oat Bar  | Strawberry Smoothie w/ Rockin'Ola Strawberry Granola | Assorted Cereals w/ Cheddar Cheese Stick | Pineapple Overnight Oats  |
| Orange Juice | Orange | Apple Slices | Pear | Dried Cranberries |
| Apple | Pear | Banana | Orange | Apple Slices |

Enjoy a week full of tasty items to brighten your mornings!

All grain/bread items served are **Whole Grain Rich**.
Our **milk** options include 1% and fat-free.

This institution is an equal opportunity provider.
Not all offerings may be available in all buildings and menus are subject to change.

Questions? E-mail us at food@cps.edu!

Thank you for
dining with us!



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| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|-------------------------------------|
| 14 | 15 | 16 | 17 | 18 |
| Cinnamon Raisin Bagel w/ Cream Cheese | Chicken-Sausage & Cheese Breakfast Sandwich | Apple Frudel | Cheesy Egg Bake w/ Sliced Toast Grape Jelly | Mini Strawberry Bagel |
| Assorted Cereals w/ Cheddar Cheese Stick | Apple Cinnamon Bar | Assorted Cereals w/ Hard Boiled Egg | Date & Orange Bread w/ Cheddar Cheese Stick | Banana Muffin w/ Hard Boiled Egg |
| Apple | Orange Juice | Blueberries | Orange | Apple Slices |
| Dried Cranberries | | | | Banana |

Start your day with our Cheesy Egg Bake on 3/17!

| | | | | |
|--|--|---------------------------|--|----------------------------|
| 21 | 22 | 23 | 24 | 25 |
| Apple Cinnamon Oatmeal Round w/ Cheddar Cheese Stick | Chicken-Ham & Cheese on English Muffin | Mini Cinni Rolls | Veggie Sausage Biscuit | Strawberry Oatmeal |
| Assorted Cereals w/ Hard Boiled Egg | Blueberry Muffin w/ Cheddar Cheese Stick | Honey Oats Granola Bar | Assorted Cereals w/ Hard Boiled Egg | Raspberry Lemon Oat Bar |
| Blended Fruit Juice | Orange | Dried Cranberries | Strawberriess | Apple Slices |
| Apple | Pear | Banana | Orange | Banana |

Fresh fruit offered daily!

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March 2022

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|---|---------------------------------|--------------------|-----------------------------------|
| 28 | 29 | 30 | 31 | 1 |
| Mini Cinni Rolls | Chicken-Sausage & Cheese Breakfast Sandwich | Cinnamon Toast Crunch Bar | Cheesy Egg Biscuit | Apple Cinnamon Oatmeal Round |
| Honey Oats Granola Bar | Assorted Cereals w/ String Cheese | Banana Bread w/ Hard Boiled Egg | Apple Cinnamon Bar | Assorted Cereals w/ String Cheese |
| Apple | Orange Juice | Strawberries | Dried Cranberries | Apple |
| Dried Cranberries | Pear | Orange | Pear | Orange |

Cinnamon French Toast and Strawberries are served on 3/30.

We are happy to serve you!

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