CREDITS REQUIRED: 2
The Chicago Public Schools Physical Education Program is designed to develop physically literate individuals who have the knowledge, skills and confidence for academic success and lifelong health.

PE I-Health

Course Number: 990101R / 990102R
Course Level: Regular
Prerequisites: None
Number of Credits Earned: 1.0
Type of Graduation Credit Earned: Physical Education I; Career Ed; Elective
Recommended Course Duration: 2 semesters – 1 Physical Education, 1 Health
Teacher Certification Required: Physical Education, Health

COURSE DESCRIPTION
Students will engage in a variety of physical activities designed to promote and develop lifelong health and skill related fitness. Experiences may include, but are not limited to: fitness based activities, fitness testing, health related concepts, individual and team activities, aquatics, and dance. Students will also engage in a classroom based health course that includes the following components of health; physical, spiritual, emotional, mental, environmental and social.

IB MYP PE I-Health

Course Number: 992101R / 92102R
Course Level: Regular
Prerequisites: None
Number of Credits Earned: 1.0
Type of Graduation Credit Earned: Physical Education I; Career Ed; Elective
Recommended Course Duration: 2 semesters – 1 Physical Education, 1 Health
Teacher Certification Required: Physical Education, Health

COURSE DESCRIPTION
The International Baccalaureate Middle Years Programme (MYP) is a philosophy of teaching and an approach to instruction. Students in the MYP explore significant content, develop skills, and deepen conceptual understanding through their engagement with global contexts. Teachers will plan using the MYP objectives and assess using the MYP criteria. In IB MYP PE I-Health, Students will engage in a variety of physical activities designed to promote and develop lifelong health and skill related fitness. Experiences may include, but are not limited to: fitness based activities, fitness testing, health related concepts, individual and team activities, aquatics, and dance. Students will also engage in a classroom based health course that includes the following components of health; physical, spiritual, emotional, mental, environmental and social.

PE II

Course Number: 990201R / 990202R
Course Level: Regular
Prerequisites: None
Number of Credits Earned: 1.0
Type of Graduation Credit Earned: Physical Education II; Career Ed; Elective
Recommended Course Duration: 2 semesters – 1 Physical Education, 1 Drivers Education
Teacher Certification Required: Physical Education, Drivers Education
Physical Education & JROTC

Course Descriptions

**COURSE DESCRIPTION**

Students will engage in a variety of physical activities designed to promote and develop lifelong health and skill related fitness. Experiences may include, but are not limited to: fitness based activities, fitness testing, health related concepts, individual and team activities, aquatics, and dance. Students will also engage in a driver’s education course.

**IB MYP PE II**

Course Number: 992201R / 992202R  
Course Level: Regular  
Prerequisites: None  
Number of Credits Earned: 1.0  
Type of Graduation Credit Earned: Physical Education II; Career Ed; Elective  
Recommended Course Duration: 2 semesters – 1 Physical Education, 1 Drivers Education  
Teacher Certification Required: Physical Education, Drivers Education

**COURSE DESCRIPTION**

The International Baccalaureate Middle Years Programme (MYP) is a philosophy of teaching and an approach to instruction. Students in the MYP explore significant content, develop skills, and deepen conceptual understanding through their engagement with global contexts. Teachers will plan using the MYP objectives and assess using the MYP criteria. In IB MYP PE II, Students will engage in a variety of physical activities designed to promote and develop lifelong health and skill related fitness. Experiences may include, but are not limited to: fitness based activities, fitness testing, health related concepts, individual and team activities, aquatics, and dance. Students will also engage in a driver’s education course.

**PE-Team Sports (Competitive)**

Course Number: 990301R / 990302R  
Course Level: Regular  
Prerequisites: None  
Number of Credits Earned: .5  
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective  
Recommended Course Duration: 1 semester  
Teacher Certification Required: Physical Education

**COURSE DESCRIPTION**

This course will focus on developing and maintaining health related and skill related fitness through participation in various team games and sports in a competitive setting. Team games and sports may include but not limited to: basketball, flag football, soccer, ultimate Frisbee, Pickleball, badminton, and volleyball.

**PE-Team Sports (Rec)**

Course Number: 990311R / 990312R  
Course Level: Regular  
Prerequisites: None  
Number of Credits Earned: .5  
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective  
Recommended Course Duration: 1 semester  
Teacher Certification Required: Physical Education

**COURSE DESCRIPTION**

This course will focus on developing and maintaining health related and skill related fitness through participation in various team games and sports in a recreational setting. Team games and sports may include but not limited to: basketball, flag football, soccer, ultimate Frisbee, Pickleball, badminton, and volleyball.

**PE Personal Fitness and Wellness**

Course Number: 994201R / 994202R  
Course Level: Regular  
Prerequisites: None
Number of Credits Earned: .5
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective
Recommended Course Duration: 1 semester
Teacher Certification Required: Physical Education

COURSE DESCRIPTION
Students will engage in a variety of introductory physical and classroom based learning activities designed to improve and promote all health related components including muscular strength, muscular endurance, cardiovascular endurance, flexibility and body composition. Students will participate in a combination of classroom learning activities designed to teach students about overall wellness and lifetime physical activities designed to improve health related fitness including but not limited to jogging, Pilates, yoga and circuit training.

Honors PE-Personal Fit/Well I

Course Number: 994201H / 994202H
Course Level: Honors
Prerequisites: None
Number of Credits Earned: .5
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective
Recommended Course Duration: 1 semester
Teacher Certification Required: Physical Education

COURSE DESCRIPTION
Students will engage in a variety of introductory physical and classroom based learning activities designed to improve and promote all health related components including muscular strength, muscular endurance, cardiovascular endurance, flexibility and body composition. Students will participate in a combination of classroom learning activities designed to teach students about overall wellness and lifetime physical activities designed to improve health related fitness including but not limited to jogging, Pilates, yoga and circuit training.

Honors PE-Personal Fit/Well II

Course Number: 994211H / 994212H
Course Level: Honors
Prerequisites: Physical Education – Introduction to Personal Fitness and Wellness (Honors)
Number of Credits Earned: .5
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective
Recommended Course Duration: 1 semester
Teacher Certification Required: Physical Education

COURSE DESCRIPTION
Students will engage in a variety of advanced physical and classroom based learning activities designed to improve and promote all health related components including muscular strength, muscular endurance, cardiovascular endurance, flexibility and body composition. Students will participate in a combination of classroom learning activities designed to teach students about overall wellness and lifetime physical activities designed to improve health related fitness including but not limited to jogging, Pilates, yoga and circuit training.

PE-Wellness Walking I

Course Number: 994911R / 994912R
Course Level: Regular
Prerequisites: None
Number of Credits Earned: .5
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective
Recommended Course Duration: 1 semester
Teacher Certification Required: Physical Education

COURSE DESCRIPTION
This course is an introduction to the life-time wellness activity of walking. It will provide students with an understanding of the importance that nutrition and
exercise has on the pursuit of healthy living. Students will log their effort. Various activities are embedded throughout the course which engage the learner and increase participation.

**PE-Wellness Walking II**

**Course Number:** 994811R / 994812R  
**Course Level:** Regular  
**Prerequisites:** PE-Intro to Wellness Walking  
**Number of Credits Earned:** .5  
**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective  
**Recommended Course Duration:** 1 semester  
**Teacher Certification Required:** Physical Education  

**COURSE DESCRIPTION**  
This course will further develop students skills around the lifetime wellness activity of walking. Students will expand on their understanding of the importance that nutrition and exercise has on the pursuit of healthy living. Students will log their effort. Various activities are embedded throughout the course, which engage the learner and increase participation while building upon the skills developed through the introductory course.

**PE-Strength/Condition I**

**Course Number:** 994601R / 994602R  
**Course Level:** Regular  
**Prerequisites:** None  
**Number of Credits Earned:** .5  
**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective  
**Recommended Course Duration:** 1 semester  
**Teacher Certification Required:** Physical Education  

**COURSE DESCRIPTION**  
Students will learn the fundamentals of strength training and engage in a variety of physical activities designed to promote muscular strength and endurance. Students will participate in an individualized weight training program in combination with alternating days of physical activities designed to promote cardiovascular endurance.

**PE-Strength/Condition II**

**Course Number:** 994611R / 994612R  
**Course Level:** Regular  
**Prerequisites:** Physical Education -Introduction to Strength and Conditioning  
**Number of Credits Earned:** .5  
**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective  
**Recommended Course Duration:** 1 semester  
**Teacher Certification Required:** Physical Education  

**COURSE DESCRIPTION**  
Students will learn advanced strength training techniques and engage in a variety of physical activities designed to promote muscular strength and endurance. Students will participate in an individualized weight training program in combination with alternating days of physical activities designed to promote cardiovascular endurance.

**PE-Junior Leaders**

**Course Number:** 986101H / 986102H  
**Course Level:** Honors  
**Prerequisites:** None  
**Number of Credits Earned:** 1.0  
**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective  
**Recommended Course Duration:** 2 semesters  
**Teacher Certification Required:** Physical Education  

**COURSE DESCRIPTION**  
Students will learn the methods and techniques of teaching physical education, the policies and procedures of the physical education department and rules and equipment
set up of various games and activities. Students will also participate in various movement based physical activities.

**PE-Senior Leaders**

**Course Number:** 986201H / 986202H  
**Course Level:** Honors  
**Prerequisites:** Physical Education -Junior Leaders  
**Number of Credits Earned:** 1.0  
**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective  
**Recommended Course Duration:** 2 semesters  
**Teacher Certification Required:** Physical Education

**COURSE DESCRIPTION**

Students will learn advanced methods and techniques of teaching physical education and have the opportunity to put these in practice. Students are assigned to PE I and II classes to serve as peer teachers and teacher aids.

**Adventure Education II**

**Course Number:** 994141R / 994142R  
**Course Level:** Regular  
**Prerequisites:** None  
**Number of Credits Earned:** .5  
**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective  
**Recommended Course Duration:** 1 semester  
**Teacher Certification Required:** Physical Education

**COURSE DESCRIPTION**

Students will continue to expand on their teambuilding skills through engagement in a variety of advanced adventure education activities and adventure-based learning activities. Students will participate in a variety of problem solving activities, conditioning exercises, or leisure activities and learn various adventure skills that will continue to develop the skills students worked on during the introductory course.

**PE-Aquatics I**

**Course Number:** 994701R / 994702R  
**Course Level:** Regular  
**Prerequisites:** None  
**Number of Credits Earned:** .5  
**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective  
**Recommended Course Duration:** 1 semester  
**Teacher Certification Required:** Physical Education, Water Safety Instruction

**COURSE DESCRIPTION**

Students will learn the fundamentals of water safety, basic swim and stroke techniques (facilities permitting).
Physical Education & JROTC

Course Descriptions

**PE-Aquatics II**

**Course Number:** 994711R / 994712R  
**Course Level:** Regular  
**Prerequisites:** None  
**Number of Credits Earned:** .5  
**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective  
**Recommended Course Duration:** 1 Semester  
**Teacher Certification Required:** Physical Education, Water Safety Instruction

**COURSE DESCRIPTION**

Students will learn advanced swimming and stroke techniques including diving (facilities permitting).

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**PE-Athletes I**

**Course Number:** 994901R / 994902R  
**Course Level:** Regular  
**Prerequisites:** Must be participating in an interscholastic sport during semester  
**Number of Credits Earned:** .5  
**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective  
**Recommended Course Duration:** 1 Semester  
**Teacher Certification Required:** Physical Education

**COURSE DESCRIPTION**

Students will engage in activities that are designed to improve their skill related fitness including: balance, agility, coordination, power, reaction time, and speed. Students will also learn advanced recovery techniques.

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**PE-Athlete II**

**Course Number:** 994511R / 994512R  
**Course Level:** Regular  
**Prerequisites:** PE-Intro to Athletes  
**Number of Credits Earned:** .5  
**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective  
**Recommended Course Duration:** 1 Semester  
**Teacher Certification Required:** Physical Education

**COURSE DESCRIPTION**

Students will continue to engage in activities that are designed to improve their skill related fitness including: balance, agility, coordination, power, reaction time, and speed. Students will also learn advanced recovery techniques.

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**PE-Indv/Lifetime Activity**

**Course Number:** 990401R / 990402R
Course Level: Regular
Prerequisites: None
Number of Credits Earned: .5
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective
Recommended Course Duration: 1 Semester
Teacher Certification Required: Physical Education

COURSE DESCRIPTION
Students will engage in a variety of physical activities designed to promote and develop lifelong health and skill related fitness through participation in individual lifetime physical activities including but not limited to dance, bicycling, bowling, golf, ice/inline skating, jogging, martial arts, racquetball, skiing, tennis, walking and dancing.

PE-Dance Fitness

Course Number: 985101R / 985102R
Course Level: Regular
Prerequisites: None
Number of Credits Earned: .5
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective
Recommended Course Duration: 1 Semester
Teacher Certification Required: Physical Education

COURSE DESCRIPTION
Students will engage in a variety of dance based physical activities designed to promote and develop lifelong health and skill related fitness through participation in individual lifetime physical activities including but not limited to ballet, jazz, tap, hip-hop, modern, swing, country western, folk, Latin and various forms of aerobic dance.

Honors PE-Intro Sport Ex/Health

Course Number: 994601H / 994602H
Course Level: Honors
Prerequisites: None
Number of Credits Earned: .5
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective
Recommended Course Duration: 1 semester
Teacher Certification Required: Physical Education, Health

COURSE DESCRIPTION
This course incorporates the disciplines of anatomy and physiology, biomechanics, psychology and nutrition, which are studied in the context of sport, exercise and health. A combination of content and experimental work provides the opportunity for students to acquire the advanced knowledge and understanding necessary to apply and analyze human performance. Ethical issues that exist within sporting competitions are considered. The course is designed for students interested in university courses including those specifically related to Sport, Sports Science or Physical Education.

Honors PE-Sports Ex/Health II

Course Number: 994701H / 994702H
Course Level: Honors
Prerequisites: Physical Education – Introduction To Sports Exercise and Health Science (Honors)
Number of Credits Earned: .5
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective
Recommended Course Duration: 1 semester
Teacher Certification Required: Physical Education, Health

COURSE DESCRIPTION
This course incorporates the disciplines of anatomy and physiology, biomechanics, psychology and nutrition, which are studied in the context of sport, exercise and health. A combination of content and experimental work provides the opportunity for students to acquire the advanced knowledge and understanding necessary to apply and analyze human performance. Ethical issues that exist within sporting competitions are considered. The course
is designed for students interested in university courses including those specifically related to Sport, Sports Science or Physical Education.

Driver/Safety Education

Course Number: 994101R / 994102R
Course Level: Regular
Prerequisites: None
Number of Credits Earned: 1.0
Type of Graduation Credit Earned: Elective
Recommended Course Duration: 2 semesters
Teacher Certification Required: Physical Education

COURSE DESCRIPTION
The student will develop knowledge, attitudes, habits, and skills necessary for the safe operation of motor vehicles.

PE-Group Exercise

Course Number: 992401R/ 992402R
Course Level: Regular
Prerequisites: None
Number of Credits Earned: 0.5
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective
Recommended Course Duration: 1 semester
Teacher Certification Required: Physical Education

COURSE DESCRIPTION
Group exercise is an overview of the many fitness-based classes a person will be able to take in order to live a healthy and active lifestyle, post high school. This course is designed to provide students with a general understanding of each activity’s focal points and desired outcomes. Students will learn how to effectively communicate with one another to achieve a greater goal. Students will develop a higher level of self-confidence and can-do attitude after completing this course.

Health Education II

Course Number: 990511R / 990512R
Course Level: Regular
Prerequisites: PE I - Health
Number of Credits Earned: 0.5
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective
Recommended Course Duration: 1 semester
Teacher Certification Required: Physical Education

COURSE DESCRIPTION
This course will engage students in classroom based activities designed to develop and enhance lifelong healthy behaviors. This course will build upon the knowledge and skill expectations developed in Health Education I which include the following: human development, physical activity, safety, sexual health, tobacco-free lifestyle, violence prevention, alcohol and other drug-free lifestyle, healthy eating, mental and emotional health, personal health and wellness.

PE-Fit Female

Course Number: 992301R/ 992302R
Course Level: Regular
Prerequisites: None
Number of Credits Earned: 0.5
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective
Recommended Course Duration: 1 semester
Teacher Certification Required: Physical Education

COURSE DESCRIPTION
Fit Female course will focus on fitness and healthy lifestyles for females that will encompass all areas of wellness. The Fit Female will act as a journey for the Junior/Senior students through a wide range of fitness activities such as kickboxing, step aerobics, weight lifting and cardiovascular routines. Additionally, there is a classroom piece that involves a discussion once a week on women’s health issues such as heart disease, breast cancer, nutrition, and body image. The overall focus is on incorporating all areas of
wellness in order to develop a healthy lifestyle.

**JROTC-A Ldr Ed Trn I & Hlth**

**Course Number:** 991011R / 991012R  
**Course Level:** Regular  
**Prerequisites:** None  
**Number of Credits Earned:** 1  
**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective  
**Recommended Course Duration:** 2 semesters  
**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor  

**COURSE DESCRIPTION**  
Junior Reserve Officer Training Corps (JROTC) is a leadership education program. This program will help students build a strong knowledge base of self-discovery and leadership skills applicable to many leadership and managerial situations. Mastery of these standards through project-based learning, service learning and leadership development activities will prepare students for 21st Century leadership responsibilities. This laboratory course is designed to introduce students to the history, customs, traditions and purpose of the Army JROTC program. It teaches students strategies to maximize their potential for success through learning and self-management. Basic leadership skills to include leadership principles, values and attributes and communications skills are integrated throughout the course.

High schools students develop an understanding of learning style preferences, multiple intelligences, emotional intelligence and study skills. These self-assessments will enable students to be self-directed learners. The JROTC curriculum is enhanced through physical fitness activities, extracurricular and co-curricular activities that support the core employability skills standards and McRel academic standards.

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**Honors JROTC-A Ldr Ed Trn I & Hlth**

**Course Number:** 991011H \ 991012H  
**Course Level:** Honors  
**Prerequisites:** GPA: Minimum 3.5  
**Number of Credits Earned:** 1  
**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective  
**Recommended Course Duration:** 2 semesters  
**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor  

**COURSE DESCRIPTION**  
Students in this course must fulfill the requirements of A JROTC 1 Plus: One research paper per semester on selected topics chosen by the instructor. Additional reading requirements to include as a minimum of two books from a pre-approved reading list developed by the AJROTC Instructor. Perform a community service project or school project, submission of the annual JROTC Essay, topic determined by headquarters. Students will present one period of instruction per semester. Students will assume a leadership position within the unit and demonstrate skills and traits being taught in leadership classes.

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**JROTC-A Ldr Ed Trn II**

**Course Number:** 991021R / 991021R  
**Course Level:** Regular  
**Prerequisites:** Completion of JROTC-A Ldr Ed Trn I & Hlth  
**Number of Credits Earned:** 1  
**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective  
**Recommended Course Duration:** 2 semesters  
**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor  

**COURSE DESCRIPTION**  
This laboratory course is designed to build on the self-discovery skills sets taught in JROTC 1. As self-directed learners, students study the fundamentals citizenship skills, the foundation of the American political system and our Constitution. Personal responsibility and wellness is reinforced by diet, nutrition and physical fitness activities. Drug and alcohol awareness and prevention are reinforced. Students are placed in leadership roles that enable them to demonstrate an understanding of basic leadership principles, values and attributes.

The Junior ROTC curriculum is enhanced through physical fitness activities, extracurricular and co-curricular activities.
that support the core employability skills standards and McRel academic standards

**Honors JROTC-A Ldr Ed Trn II**

**Course Number:** 991021H / 991022H  
**Course Level:** Honors  
**Prerequisites:** Instructor’s permission and Completion of JROTC-A Ldr Ed Trn I & Hlth. GPA: Minimum 3.5  
**Number of Credits Earned:** 1  
**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective  
**Recommended Course Duration:** 2 semesters  
**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**

Students in this course must fulfill the requirements of A JROTC 2 Plus: One research paper per quarter on selected topics chosen by the instructor. Additional reading requirements to include as a minimum of three books from the pre-approved reading list developed by the JROTC Instructor. Perform two community service projects or school projects. Submission of the annual JROTC Essay, topic determined by headquarters. Students will present one period of instruction per quarter. Students will assume a leadership position within the unit and demonstrate skills and traits being taught in leadership classes.

**JROTC-A Ldr Ed Trn III**

**Course Number:** 991041R / 991042R  
**Course Level:** Regular  
**Prerequisites:** Completion of JROTC-A Ldr Ed Trn II  
**Number of Credits Earned:** 1  
**Type of Graduation Credit Earned:** Physical Education II; Career Ed; Elective  
**Recommended Course Duration:** 2 semesters  
**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**

This laboratory course is designed to build on the leadership experiences developed during JROTC Army 1 and 2. Basic command and staff principles are introduced and include an overview of organizational roles and responsibilities. Leadership strategies, managing conflict, leading others, planning and communications skills are evaluated to improve organizational effectiveness. Career planning is investigated.

The Junior ROTC curriculum is enhanced through physical fitness activities, extracurricular and co-curricular activities that support the core employability skills standards and McRel academic standards.

**Honors JROTC-A Ldr Ed Trn III**

**Course Number:** 991031H / 991032H  
**Course Level:** Honors  
**Prerequisites:** Instructor’s permission and Completion of JROTC-A Ldr Ed Trn II. GPA: Minimum 3.5  
**Number of Credits Earned:** 1  
**Type of Graduation Credit Earned:** Physical Education II; Career Ed; Elective  
**Recommended Course Duration:** 2 semesters  
**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**

Students in this course must fulfill the requirements of A JROTC 3 Plus: One research paper per semester on selected topics chosen by the instructor. Additional reading requirements to include as a minimum of two books from a pre-approved reading list developed by the AJROTC Instructor, Perform a community service project or school project, submission of the annual JROTC Essay, topic determined by headquarters. Students will present one period of instruction per semester. Students will assume a leadership position within the unit and demonstrate skills and traits being taught in leadership classes.

**JROTC-A Ldr Ed Trn IV**

**Course Number:** 991061R / 991062R  
**Course Level:** Regular  
**Prerequisites:** Completion of JROTC-A Ldr Ed Trn III  
**Number of Credits Earned:** 1
**Course Descriptions**

**Physical Education & JROTC**

**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective

**Recommended Course Duration:** 2 semesters

**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**

Junior Reserve Officer Training Corps (JROTC) is a leadership education program. This program will help students build a strong knowledge base of self-discovery and leadership skills applicable to many leadership and managerial situations. Mastery of these standards through project-based learning, service learning and leadership development activities will prepare students for 21st Century leadership responsibilities.

This laboratory course is designed to build on the leadership skills developed in JROTC 3. Students develop an in-depth understanding of the branches of military service. Intermediate leadership skills to include leadership principles, values and attributes and communications skills are integrated throughout the course. Financial planning skills are studied through the National Endowment for Financial Education. Fundamental teaching skills are introduced.

The JROTC curriculum is enhanced through physical fitness activities, extracurricular and co-curricular activities that support the core employability skills standards and McRel academic standards.

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**Honors JROTC-A Ldr Ed Trn IV**

**Course Number:** 991051H / 991052H

**Course Level:** Honors

**Prerequisites:** Instructor’s permission and Completion of JROTC-A Ldr Ed Trn III. GPA: Minimum 3.5

**Number of Credits Earned:** 1

**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective

**Recommended Course Duration:** 2 semesters

**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**

Students in this course must fulfill the requirements of A JROTC 4 Plus: One research paper per quarter on selected topics chosen by the instructor. Additional reading requirements to include as a minimum of three books from the pre-approved reading list developed by the JROTC Instructor. Perform two community service projects or school projects. Submission of the annual JROTC Essay, topic determined by headquarters. Students will present one period of instruction per quarter. Students will assume a leadership position within the unit and demonstrate skills and traits being taught in leadership classes.

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**JROTC-AF Ldr Ed Trn I & Hlth**

**Course Number:** 993011R / 993012R

**Course Level:** Regular

**Prerequisites:** None

**Number of Credits Earned:** 1

**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective

**Recommended Course Duration:** 2 semesters

**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**

The first year course is predominantly a historical perspective of the role of the military throughout the history of the United States with emphasis on aerospace developments and their influence on National Policy and objectives worldwide. In addition, the course provides leadership experiences that help to develop positive attitudes toward authority, responsibility, and self-discipline. There is also concentrated study on the history of the American flag and the customs and courtesies rendered to it.

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**Honors JROTC-AF Ldr Ed Trn I & Hlth**

**Course Number:** 993011H / 993012H

**Course Level:** Honors

**Prerequisites:** GPA: Minimum 3.5

**Number of Credits Earned:** 1

**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective

**Recommended Course Duration:** 2 semesters

**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**

Students in this course must fulfill the requirements of A JROTC 4 Plus: One research paper per quarter on selected topics chosen by the instructor. Additional reading requirements to include as a minimum of three books from the pre-approved reading list developed by the JROTC Instructor. Perform two community service projects or school projects. Submission of the annual JROTC Essay, topic determined by headquarters. Students will present one period of instruction per quarter. Students will assume a leadership position within the unit and demonstrate skills and traits being taught in leadership classes.
Teacher Certification Required: Retired Officer or NCO, Certified as an Army JROTC Instructor

COURSE DESCRIPTION
Students in this course must fulfill the requirements of AF JROTC 1 Plus:

One research paper per semester on selected topics chosen by the instructor, additional reading requirements to include, as a minimum, of two books from a pre-approved reading list developed by the AFJROTC Instructor, perform a community service project or school project, submission of the annual JROTC Essay, topic determined by headquarters.

Students will present one period of instruction per semester. Students will assume a leadership position within the unit and demonstrate skills and traits being taught in leadership classes.

JROTC-AF Ldr Ed Trn II

Course Number: 993021R / 993022R
Course Level: Regular
Prerequisites: Completion of JROTC-AF Ldr Ed Trn I & Hlth
Number of Credits Earned: 1
Type of Graduation Credit Earned: Physical Education II; Career Ed; Elective
Recommended Course Duration: 2 semesters
Teacher Certification Required: Retired Officer or NCO, Certified as an Army JROTC Instructor

COURSE DESCRIPTION
The second year course is a science course designed to acquaint the student with the aerospace environment, the principles of flight and navigation, and human limitations to flight. Leadership hours stress communications skills and leadership principles. The student is afforded opportunities to hold positions of greater responsibility in the planning and execution of cadet corps projects. Also, instruction is given in Lifetime Wellness.

Honors JROTC-AF Ldr Ed Trn II

Course Number: 993021H / 993022H
Course Level: Honors
Prerequisites: Instructor’s permission and completion of

JROTC-AF Ldr Ed Trn I & Hlth. GPA: Minimum 3.5

Number of Credits Earned: 1

Type of Graduation Credit Earned: Physical Education II; Career Ed; Elective

Recommended Course Duration: 2 semesters

Teacher Certification Required: Retired Officer or NCO, Certified as an Army JROTC Instructor

COURSE DESCRIPTION
Students in this course must fulfill the requirements of AF JROTC 2 Plus: One research paper per quarter on selected topics chosen by the instructor. Additional reading requirements to include, as a minimum, three books from the pre-approved reading list developed by the AFJROTC Instructor. Perform two community service projects or school projects. Submission of the annual JROTC Essay, topic determined by headquarters.

Students will present one period of instruction per quarter. Students will assume a leadership position within the unit and demonstrate skills and traits being taught in leadership classes.

JROTC-AF Ldr Ed Trn III

Course Number: 993041R / 993042R
Course Level: Regular
Prerequisites: Completion of JROTC-AF Ldr Ed Trn II
Number of Credits Earned: 1

Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective

Recommended Course Duration: 2 semesters

Teacher Certification Required: Retired Officer or NCO, Certified as an Army JROTC Instructor

COURSE DESCRIPTION
This third year is a science course which discusses principles of propulsion systems, fundamentals of rocketry and its application to spacecraft, principles underlying space travel, and various management techniques and principles with emphasis on stress management, financial management, and managing others. In addition, the course covers systems of government and the government of the United States. Also, instruction is given in Lifetime Wellness.
Course Catalog

Physical Education & JROTC

Course Descriptions

Honors JROTC-AF Ldr Ed Trn III

Course Number: 993031H / 993032H
Course Level: Honors
Prerequisites: Instructor’s permission and completion of JROTC-AF Ldr Ed Trn II. GPA: Minimum 3.5
Number of Credits Earned: 1
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective
Recommended Course Duration: 2 semesters
Teacher Certification Required: Retired Officer or NCO, Certified as an Army JROTC Instructor

COURSE DESCRIPTION
Students in this course must fulfill the requirements of AF JROTC 3 Plus:

One research paper per semester on selected topics chosen by the instructor, additional reading requirements to include, as a minimum, of two books from a pre-approved reading list developed by the AFJROTC Instructor, perform a community service project or school project, submission of the annual JROTC Essay, topic determined by headquarters.

Students will present one period of instruction per semester. Students will assume a leadership position within the unit and demonstrate skills and traits being taught in leadership classes.

Honors JROTC-AF Ldr Ed Trn IV

Course Number: 993051H / 993052H
Course Level: Honors
Prerequisites: Instructor’s permission and completion of JROTC-AF Ldr Ed Trn III. GPA: Minimum 3.5
Number of Credits Earned: 1
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective
Recommended Course Duration: 2 semesters
Teacher Certification Required: Retired Officer or NCO, Certified as an Army JROTC Instructor

COURSE DESCRIPTION
Students in this course must fulfill the requirements of AF JROTC 4 Plus: One research paper per quarter on selected topics chosen by the instructor. Additional reading requirements to include, as a minimum, three books from the pre-approved reading list developed by the AFJROTC Instructor. Perform two community service projects or school projects. Submission of the annual JROTC Essay, topic determined by headquarters.

Students will present one period of instruction per quarter. Students will assume a leadership position within the unit and demonstrate skills and traits being taught in leadership classes.

JROTC-AF Ldr Ed Trn IV

Course Number: 994011R / 994012R
Course Level: Regular
Prerequisites: Completion of JROTC-AF Ldr Ed Trn III
Number of Credits Earned: 1
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective
Recommended Course Duration: 2 semesters
Teacher Certification Required: Retired Officer or NCO, Certified as an Army JROTC Instructor

COURSE DESCRIPTION
The fourth year curriculum consists of management of cadet corps. The cadets run the entire Corps during the fourth year. This hands-on experience affords the cadets the opportunity to put the theories of previous leadership courses into practice. The cadets practice their communications, decision-making, personal interaction, managerial, and organizational skills. The cadets are also challenged with a self-paced study program entitled, “Life After High School.” This text covers areas such as selecting a career, life in the Air Force, and major principles of job search.

JROTC-M Ldr Ed Trn I & Hlth

Course Number: 994011R / 994012R
Course Level: Regular
Prerequisites: None
Number of Credits Earned: 1
Physical Education & JROTC

Course Descriptions

**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective

**Recommended Course Duration:** 2 semesters

**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**

This course is given the first and second semesters of the first year of Marine Corps JROTC. It includes program orientation and the initial classroom instruction and practical application. The course lays the foundations for the follow on Leadership Education courses by teaching the basics of leadership, citizenship, personal growth and responsibility, career exploration, and general military subjects. Emphasis in the first semester is on introduction to leadership and citizenship.

Minimum performance requirements for the course are based on successful completion of competencies according to the national Marine Corps JROTC curriculum. The performance standards of this course are based on the performance standards identified in the course for Marine Corps JROTC. Successful completion of at least three units of credit in the Marine Corps JROTC program qualify the student for advanced placement in a college ROTC program or accelerated promotion in the military services.

**Honors JROTC-M Ldr Ed Trn I & Hlth**

**Course Number:** 994011H / 994012H

**Course Level:** Regular

**Prerequisites:** None

**Number of Credits Earned:** 1

**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective

**Recommended Course Duration:** 2 semesters

**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**

Students in this course must fulfill the requirements of MC JROTC 1 Plus: One research paper per semester on selected topics chosen by the instructor. Additional reading requirements to include as a minimum of two books from a pre-approved reading list developed by the MCJROTC Instructor, Perform a community service project or school project, submission of the annual JROTC Essay, topic determined by headquarters. Students will present one period of instruction per semester. Students will assume a leadership position within the unit and demonstrate skills and traits being taught in leadership classes.

**JROTC-M Ldr Ed Trn II**

**Course Number:** 994021R / 994022R

**Course Level:** Regular

**Prerequisites:** Completion of JROTC-M Ldr Ed Trn I & Hlth

**Number of Credits Earned:** 1

**Type of Graduation Credit Earned:** Physical Education II; Career Ed; Elective

**Recommended Course Duration:** 2 semesters

**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**

This course is given the first and second semesters of the second year of Marine Corps JROTC. This course also includes classroom instruction and practical application of the tasks included in the training required for second-year Marine Corps JROTC cadets. The course builds on the foundations of Leadership Education I, with more emphasis in the area of General Military Subjects.

Minimum performance requirements for the course are based on successful completion of competencies according to the national Marine Corps JROTC curriculum. The performance standards of this course are based on the performance standards identified in the course for Marine Corps JROTC. Successful completion of at least three units of credit in the Marine Corps JROTC program qualify the student for advanced placement in a college ROTC program or accelerated promotion in the military services.

**Honors JROTC-M Ldr Ed Trn II**

**Course Number:** 994021H / 994022H

**Course Level:** Regular

**Prerequisites:** Instructor’s permission and completion of JROTC-M Ldr Ed Trn I & Hlth. GPA: Minimum 3.5

**Number of Credits Earned:** 1

**Type of Graduation Credit Earned:** Physical Education II;
Physical Education & JROTC

Course Descriptions

Career Ed; Elective

**Recommended Course Duration:** 2 semesters

**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

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**COURSE DESCRIPTION**

Students in this course must fulfill the requirements of MCJROTC 2 Plus: One research paper per quarter on selected topics chosen by the instructor. Additional reading requirements to include as a minimum of three books from the pre-approved reading list developed by the MCJROTC Instructor. Perform two community service projects or school projects. Submission of the annual JROTC Essay, topic determined by headquarters. Students will present one period of instruction per quarter. Students will assume a leadership position within the unit and demonstrate skills and traits being taught in leadership classes.

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**JROTC-M Ldr Ed Trn III**

**Course Number:** 994041R / 994042R

**Course Level:** Regular

**Prerequisites:** Completion of JROTC-M Ldr Ed Trn II & Hlth

**Number of Credits Earned:** 1

**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective

**Recommended Course Duration:** 2 semesters

**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**

This course is given the first and second semesters of the third year of Marine Corps JROTC. This course includes classroom instruction and practical application of the tasks included in the training required for third-year Marine Corps JROTC cadets. In this first semester of LE III, cadets are assigned more practical application instruction and assume leadership roles. The course builds on the foundations of Leadership Education I and Leadership Education II in the subjects of leadership, citizenship, personal growth and responsibility, career exploration, and general military subjects in greater detail and with greater emphasis on leading and assuming greater responsibilities and application of leadership skills. The development of core skills the cadets should master are integrated throughout the course.

Minimum performance requirements for the course are based on successful completion of competencies according to the national Marine Corps JROTC curriculum. The performance standards of this course are based on the performance standards identified in the course for Marine Corps JROTC. Successful completion of at least three units of credit in the Marine Corps JROTC program qualify the student for advanced placement in a college ROTC program or accelerated promotion in the military services.

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**Honors JROTC-M Ldr Ed Trn III**

**Course Number:** 994031H / 994032H

**Course Level:** Honors

**Prerequisites:** Instructor’s permission and completion of JROTC-M Ldr Ed Trn II & Hlth. GPA: Minimum 3.5

**Number of Credits Earned:** 1

**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective

**Recommended Course Duration:** 2 semesters

**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

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**COURSE DESCRIPTION**

Students in this course must fulfill the requirements of MCJROTC 3 Plus: One research paper per semester on selected topics chosen by the instructor. Additional reading requirements to include as a minimum of two books from a pre-approved reading list developed by the MCJROTC Instructor. Perform a community service project or school project, submission of the annual JROTC Essay, topic determined by headquarters. Students will present one period of instruction per semester. Students will assume a leadership position within the unit and demonstrate skills and traits being taught in leadership classes.

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**JROTC-M Ldr Ed Trn IV**

**Course Number:** 994061R / 994062R

**Course Level:** Regular

**Prerequisites:** Completion of JROTC-M Ldr Ed Trn III & Hlth

**Number of Credits Earned:** 1
Physical Education & JROTC

Course Descriptions

**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective

**Recommended Course Duration:** 2 semesters

**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**
This course is given the first and second semesters of the fourth year of Marine Corps JROTC. The first semester of LE IV includes classroom instruction and practical application of the more advanced tasks included in leadership training required for fourth-year Marine Corps JROTC cadets. The course emphasizes the application of the preceding three courses of Leadership Education by preparing the cadet for assuming his or her place as an informed and responsible citizen in United States society who is able to lead others effectively. LE-IV cadets are the senior leaders of the program and fully expected to conduct themselves accordingly. The development of core skills the cadets should master are integrated throughout the course.

Minimum performance requirements for the course are based on successful completion of competencies according to the national Marine Corps JROTC curriculum. The performance standards of this course are based on the performance standards identified in the course for Marine Corps JROTC. Successful completion of at least three units of credit in the Marine Corps JROTC program qualify the student for advanced placement in a college ROTC program or accelerated promotion in the military services.

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**Honors JROTC-M Ldr Ed Trn IV**

**Course Number:** 994051H / 994052H

**Course Level:** Honors

**Prerequisites:** Instructor’s permission and completion of JROTC-M Ldr Ed Trn III & Hlth. GPA: Minimum 3.5

**Number of Credits Earned:** 1

**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective

**Recommended Course Duration:** 2 semesters

**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**
Students in this course must fulfill the requirements of MCJROTC 4 Plus: One research paper per quarter on selected topics chosen by the instructor. Additional reading requirements to include as a minimum of three books from the pre-approved reading list developed by the MCJROTC Instructor. Perform two community service projects or school projects. Submission of the annual JROTC Essay, topic determined by headquarters. Students will present one period of instruction per quarter. Students will assume a leadership position within the unit and demonstrate skills and traits being taught in leadership classes.

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**JROTC-N Ldr Ed Trn I & Hlth**

**Course Number:** 992011R / 992012R

**Course Level:** Regular

**Prerequisites:** None

**Number of Credits Earned:** 1

**Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective

**Recommended Course Duration:** 2 semesters

**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**
Includes introduction to the NJROTC program; Introduction to Leadership, Naval Ships; Mission and Organization, The Nation, Navy and the People in American Democracy, Maritime Geography, Seapower and Challenge, Naval History through 1815, Introduction to Navigation and Time, Basic Seamanship, Oceanography, Health Education, First Aid, and Drugs, Alcohol and Tobacco Abuse Prevention.

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**JROTC-N Ldr Ed Trn II**

**Course Number:** 992021R / 992022R

**Course Level:** Regular

**Prerequisites:** Completion of JROTC-N Ldr Ed Trn I & Hlth

**Number of Credits Earned:** 1

**Type of Graduation Credit Earned:** Physical Education II; Career Ed; Elective

**Recommended Course Duration:** 2 semesters

**Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**
Students in this course must fulfill the requirements of MCJROTC 4 Plus: One research paper per quarter on
COURSE DESCRIPTION

Honors JROTC-N Ldr Ed Trn II

Course Number: 992021H / 992022H
Course Level: Honors
Prerequisites: Instructor’s permission and completion of JROTC-N Ldr Ed Trn I & Hlth. GPA: Minimum 3.5
Number of Credits Earned: 1
Type of Graduation Credit Earned: Physical Education II; Career Ed; Elective
Recommended Course Duration: 2 semesters
Teacher Certification Required: Retired Officer or NCO, Certified as an Army JROTC Instructor

COURSE DESCRIPTION
Students in this course must fulfill the requirements of NJROTC 2 Plus: One research paper per quarter on selected topics chosen by the instructor. Additional reading requirements to include as a minimum of three books from the pre-approved reading list developed by the NJROTC Instructor. Perform two community service projects or school projects. Submission of the annual JROTC Essay, topic determined by headquarters. Students will present one period of instruction per quarter. Students will assume a leadership position within the unit and demonstrate skills and traits being taught in leadership classes.

JROTC-N Ldr Ed Trn III

Course Number: 992041R / 992042R
Course Level: Regular
Prerequisites: Completion of JROTC-N Ldr Ed Trn II & Hlth
Number of Credits Earned: 1
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective
Recommended Course Duration: 2 semesters

Teacher Certification Required: Retired Officer or NCO, Certified as an Army JROTC Instructor

COURSE DESCRIPTION
Includes ongoing instruction in leadership and discipline, Military Justice, Astronomy, International Law and the Sea, National Strategy, Sea Power and Naval Operations, Naval History: 1930 through the Nuclear Age, Naval Intelligence and National Security, Maneuvering Board, Challenges of Future Navy Research, and Electricity and Naval Electronics.

Honors JROTC-N Ldr Ed Trn III

Course Number: 992031H / 992032H
Course Level: Honors
Prerequisites: Instructor’s permission and completion of JROTC-N Ldr Ed Trn II & Hlth. GPA: Minimum 3.5
Number of Credits Earned: 1
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective
Recommended Course Duration: 2 semesters
Teacher Certification Required: Retired Officer or NCO, Certified as an Army JROTC Instructor

COURSE DESCRIPTION
Students in this course must fulfill the requirements of NJROTC 3 Plus: One research paper per semester on selected topics chosen by the instructor. Additional reading requirements to include as a minimum of two books from a pre-approved reading list developed by the NJROTC Instructor. Perform a community service project or school project, submission of the annual JROTC Essay, topic determined by headquarters. Students will present one period of instruction per semester. Students will assume a leadership position within the unit and demonstrate skills and traits being taught in leadership classes.

JROTC-N Ldr Ed Trn IV

Course Number: 992061R / 992062R
Course Level: Regular
Prerequisites: Completion of JROTC-N Ldr Ed Trn III & Hlth
Number of Credits Earned: 1
Type of Graduation Credit Earned: Physical Education I; Physical Education II; Career Ed; Elective
Recommended Course Duration: 2 semesters
**JROTC Course Descriptions**

**Honors JROTC-N Ldr Ed Trn IV**

- **Course Number:** 992051H / 992052H
- **Course Level:** Honors
- **Prerequisites:** Instructor’s permission and completion of JROTC-N Ldr Ed Trn III & Hlth. GPA: Minimum 3.5
- **Number of Credits Earned:** 1
- **Type of Graduation Credit Earned:** Physical Education I; Physical Education II; Career Ed; Elective
- **Recommended Course Duration:** 2 semesters
- **Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**

Students in this course must fulfill the requirements of N JROTC 4 Plus: One research paper per quarter on selected topics chosen by the instructor. Additional reading requirements to include as a minimum of three books from the pre-approved reading list developed by the NJROTC Instructor. Perform two community service projects or school projects. Submission of the annual JROTC Essay, topic determined by headquarters. Students will present one period of instruction per quarter. Students will assume a leadership position within the unit and demonstrate skills and traits being taught in leadership classes.

**JROTC Applied Leadership Lab I**

- **Course Number:** 997101R / 997102R
- **Course Level:** Regular
- **Prerequisites:** Co-requisite JROTC II
- **Number of Credits Earned:** 1.0
- **Type of Graduation Credit Earned:** Elective
- **Recommended Course Duration:** 2 semesters
- **Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**

This program focuses on the development of better citizens through the instruction of skills in leadership, citizenship, life success, geography, and wellness, in a structured interactive environment. The JROTC program is a cooperative effort on the part of the Army and the host institution to provide secondary school students with opportunities for total development. The flexibility of the program allows it to bear the confidence of professional educators and to meet the needs of the community. Satisfactory completion of the program can lead to advanced placement credit in the Senior JROTC program or advanced rank in the Armed Forces.

The JROTC program is one of the Army’s contributions to assisting America’s youth to become better citizens. The program produces successful students and productive adults, while fostering in each school a more constructive and disciplined learning environment. This program makes substantial contributions to many communities and ultimately to the nation’s future. It is the centerpiece of the Department of Defense’s commitment to America’s Promise for youth through its emphasis on the community service and life-long learners.

JCLC leadership is an additional component and supplement for the JROTC curriculum for selected cadets. JCLC focus is placed on developing cadets’ character and leadership skills, abilities, and potential.

**JROTC Applied Leadership Lab II**

- **Course Number:** 997201R / 997202R
- **Course Level:** Regular
- **Prerequisites:** Co-requisite JROTC II
- **Number of Credits Earned:** 1.0
- **Type of Graduation Credit Earned:** Elective
- **Recommended Course Duration:** 2 semesters
- **Teacher Certification Required:** Retired Officer or NCO, Certified as an Army JROTC Instructor

**COURSE DESCRIPTION**

This program focuses on the development of better citizens...
through the instruction of skills in leadership, citizenship, life success, geography, and wellness, in a structured interactive environment.

The JROTC program is a cooperative effort on the part of the Army and the host institution to provide secondary school students with opportunities for total development. The flexibility of the program allows it to bear the confidence of professional educators and to meet the needs of the community. Satisfactory completion of the program can lead to advanced placement credit in the Senior JROTC program or advanced rank in the Armed Forces.

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JCLC leadership is an additional component and supplement for the JROTC curriculum for selected cadets. JCLC focus is placed on developing cadets’ character and leadership skills, abilities, and potential.

JROTC Applied Leadership Lab III

Course Number: 997301R / 997302R
Course Level: Regular
Prerequisites: Co-requisite JROTC III
Number of Credits Earned: 1.0
Type of Graduation Credit Earned: Elective
Recommended Course Duration: 2 semesters
Teacher Certification Required: Retired Officer or NCO, Certified as an Army JROTC Instructor

COURSE DESCRIPTION

This program focuses on the development of better citizens through the instruction of skills in leadership, citizenship, life success, geography, and wellness, in a structured interactive environment.

The JROTC program is a cooperative effort on the part of the Army and the host institution to provide secondary school students with opportunities for total development. The flexibility of the program allows it to bear the confidence of professional educators and to meet the needs of the community. Satisfactory completion of the program can lead to advanced placement credit in the Senior JROTC program or advanced rank in the Armed Forces.

The JROTC program is one of the Army’s contributions to assisting America’s youth to become better citizens. The program produces successful students and productive adults, while fostering in each school a more constructive and disciplined learning environment. This program makes substantial contributions to many communities and ultimately to the nation’s future. It is the centerpiece of the Department of Defense’s commitment to America’s Promise for youth through its emphasis on the community service and life-long learners.

JCLC leadership is an additional component and supplement for the JROTC curriculum for selected cadets. JCLC focus is placed on developing cadets’ character and leadership skills, abilities, and potential.

JROTC Applied Leadership Lab IV

Course Number: 997401R / 997402R
Course Level: Regular
Prerequisites: Co-requisite JROTC IV
Number of Credits Earned: 1.0
Type of Graduation Credit Earned: Elective
Recommended Course Duration: 2 semesters
Teacher Certification Required: Retired Officer or NCO, Certified as an Army JROTC Instructor

COURSE DESCRIPTION

This program focuses on the development of better citizens through the instruction of skills in leadership, citizenship, life success, geography, and wellness, in a structured interactive environment.

The JROTC program is a cooperative effort on the part of the Army and the host institution to provide secondary school students with opportunities for total development. The flexibility of the program allows it to bear the confidence of professional educators and to meet the needs of the community. Satisfactory completion of the program can lead to advanced placement credit in the Senior JROTC program or advanced rank in the Armed Forces.
program or advanced rank in the Armed Forces.

The JROTC program is one of the Army’s contributions to assisting America’s youth to become better citizens. The program produces successful students and productive adults, while fostering in each school a more constructive and disciplined learning environment. This program makes substantial contributions to many communities and ultimately to the nation’s future. It is the centerpiece of the Department of Defense’s commitment to America’s Promise for youth through its emphasis on the community service and life-long learners.

JCLC leadership is an additional component and supplement for the JROTC curriculum for selected cadets. JCLC focus is placed on developing cadets’ character and leadership skills, abilities, and potential.
The following courses from other subject areas can be utilized to fulfill the physical education Enrollment Requirement in grades 11 and 12.

*To find the specific Graduation Requirements any of the courses listed below meet, consult the appendix at the end of this catalog.

**ARTS:**

- **Course Title:** Dance - PE  
  **Course Code:** 920901R

- **Course Title:** Dance I  
  **Course Code:** 920101R

- **Course Title:** Dance I  
  **Course Code:** 920101H

- **Course Title:** Dance II  
  **Course Code:** 920201R

- **Course Title:** Dance II  
  **Course Code:** 920201H

- **Course Title:** Dance III  
  **Course Code:** 920301R

- **Course Title:** Dance III  
  **Course Code:** 920301H

- **Course Title:** Dance IV  
  **Course Code:** 920401R

- **Course Title:** Dance IV  
  **Course Code:** 920401H

- **Course Title:** Dance Performance I  
  **Course Code:** 901002R

- **Course Title:** Dance Performance I  
  **Course Code:** 901002H

- **Course Title:** Dance Performance II  
  **Course Code:** 901202R

- **Course Title:** Dance Performance II  
  **Course Code:** 901202H

- **Course Title:** Dance Performance III  
  **Course Code:** 901301R

- **Course Title:** Dance Performance III  
  **Course Code:** 901302H

- **Course Title:** Dance Performance IV  
  **Course Code:** 901401R

- **Course Title:** Dance Performance IV  
  **Course Code:** 901402H

- **Course Title:** Pre Professional Dance  
  **Course Code:** 981101R

- **Course Title:** Pre Professional Dance  
  **Course Code:** 981101H

- **Course Title:** Dance I – G 37  
  **Course Code:** 968132H

- **Course Title:** Dance II – G 37  
  **Course Code:** 968232H

- **Course Title:** Culture Through Movement  
  **Course Code:** 902102R

- **Course Title:** IB HL Dance I  
  **Course Number:** 974111A

- **Course Title:** IB HL Dance II  
  **Course Number:** 974211A

- **Course Title:** IB SL Dance I  
  **Course Number:** 974101A

- **Course Title:** IB SL Dance II  
  **Course Number:** 974201A

- **Course Title:** Marching Band  
  **Course Code:** 948201R
### Physical Education & JROTC

#### Course Descriptions

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<td>RS1 Anatomy &amp; Physiology</td>
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