Achieving Healthy CPS

Healthy CPS demonstrates a school’s commitment to a safe and healthy learning environment by offering access to daily physical activity, nutritious foods, school-based health services, health education and supports for students with chronic conditions. The Healthy CPS Indicator is the first ever comprehensive health-focused measure that is included on the CPS School Progress Report. Find more information on CPS Knowledge Center. To achieve Healthy CPS, schools will complete the following steps.

GETTING STARTED

Nominate Champions
Principal submits nominations for Health and Wellness Champions each Fall.

Launch a Wellness Team
Health and Wellness Champions engage school stakeholders.

Complete Checklist
Healthy CPS Indicator Checklist is online at www.CPS.edu/HealthyCPS.

Create an Action Plan
Identify 1-2 priority goals to complete at your school.

IMPLEMENTING

Ongoing activities to support Healthy CPS throughout the school year.

Implement Action Plan
Wellness Team works toward achieving its prioritized goals.

Attend Trainings and PD
Upcoming opportunities are available on the Learning Hub.

Monitor the Dashboard
Utilize health data to check compliance and plan for health services.

Monitor the Learning Hub
Ensure staff has completed relevant trainings.

ACHIEVING

Complete the Survey
Healthy CPS Survey is distributed to Principals and Champions.

Achieve Healthy CPS!
Schools are notified of their Healthy CPS achievements in the Summer and achievements are reflected on School Progress Reports in the Fall.

Questions?
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