# CPS Student Health Policies Overview

## Asthma Management Policy
*Adopted January 25, 2012*

- Requires annual parent request for diagnosis (Student Medical Information Form)
- Promotes the awareness and management of students with asthma and identifies 504 Plan requirements
- Creates asthma training requirements for all school personnel—every 2 years
- Allows students to carry and self-administer their asthma medication with parent permission and copy of prescription
- Requires the district to publish guidelines to ensure proper implementation of this policy

## Food Allergy Management Policy
*Adopted January 26, 2011*

- Requires annual parent request for diagnosis (Student Medical Information Form)
- Requires IEPs/504 Plans for all students with documented food allergies
- Establishes a multi-disciplinary team to address school-wide approach to identifying, managing, and reducing risk of student exposure to life threatening allergens
- Expands annual emergency drill program to include food allergy emergencies
- Requires School-wide training on food allergies, which includes the use of epi-pens in emergency situations and identification of location of epi-pens

## Administration of Medication Policy
*Adopted January 25, 2012*

- Modifies the requirements and protocols for over the counter medication to allow student access with parent/guardian consent
- Includes staff training regarding ADHD medications
- Authorizes the district to publish guidelines to ensure implementation of this policy
- Provides and distributes district issued epi-pens to be used in emergencies to all schools in the district in accordance with states law by 2012/2013 school year

## Diabetes Management Policy
*Adopted January 25, 2012*

- Provides for the identification and management of students with diabetes in accordance with the Illinois Care of Students with Diabetes Act (December 2010)
- Requires the identification and training of a Delegated Care Aide (DCA) for each student with diabetes
- Mandates all DCAs to participate in a 3 hour training on Diabetes Care best practices
- Requires CPS to publish guidelines to ensure proper implementation of this policy

## Sexual Health Education Policy
*Adopted February 27, 2013*

- Requires all CPS Schools to provide developmentally appropriate and medically accurate Sexual Health Education in each grade level in accordance with the National Sexuality Education Standards
- Mandates 300 minutes of sexual health education per year in grades K-4 and 675 minutes per year in grades 5-12
- Ensures all principals designate a minimum of two teachers per school to participate in CPS Sexual Health Education training
- Requires any staff member who serves as a Sexual Health Education instructor to participate in CPS Sexual Health Education training prior to teaching the lessons

### Additional Information
- **Asthma Management**: Approximately 5% of the CPS student population has documented asthma.
- **Food Allergy Management**: There are close to 4,000 students with documented allergies.
- **Diabetes Management**: There are currently over 700 documented students in 345 schools with type 1 or type 2 diabetes.