

ARAMARK - 1 - CPS

Base Menu Spreadsheet
Portion Values - Detailed

Page 1

Jul 30, 2018 thru Aug 31, 2018

SUMMER K-8 LunchStop (outside)

Generated on: 7/25/2018 12:06:27 PM

	Portion Size	Carb (g)
Mon - 07/30/2018		
SUMMER K-8 LunchStop (o	Total	
SDW BD, T.Bologna SW WG 2.0	Sandwich	31.0
SDW BD, SBJ WG 2.0	Sandwich	64.64
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1.93
VEG: BEANS, Black Zsty 1/2c	1/2 Cup	33.59
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		96.50
% of Calories		46.6%
Nutrient Guideline		

Tue - 07/31/2018		
SUMMER K-8 LunchStop (o	Total	
SDW BD, Tky AM WG 2.0	Sandwich	27.46
SDW BD, AM VEG WG 2.0	Sandwich	29.01
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		69.35
% of Calories		44.2%
Nutrient Guideline		

Wed - 08/01/2018		
SUMMER K-8 LunchStop (o	Total	
WRAP 9", ChixDcd Veg WG 2.0	Each	30.9
KIT: Ygt MZ String Prtz	1 Each	37.0
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
VEG: SQUASH, Zucc Frsh 1/2c	1/2 Cup	2.08
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		69.81
% of Calories		53.7%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Jul 30, 2018 thru Aug 31, 2018

SUMMER K-8 LunchStop (outside)

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	Portion Size	Carb (g)
Thu - 08/02/2018		
SUMMER K-8 LunchStop (o	Total	
SDW BD, T.Bologna AM WG 2.0	Sandwich	32.28
SDW BD, SBJ WG 2.0	Sandwich	64.64
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: SALAD, Side RomMix SC1c	1 CUP	2.77
FRUIT: MIX Kiw/Orng, Fresh1/2c	1/2 Cup	12.79
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
Weighted Daily Average		81.79
% of Calories		42.3%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 08/03/2018		
SUMMER K-8 LunchStop (o	Total	
SDW BD, CHam CH WG 2.0	Sandwich	27.94
WRAP 9", AM CH SW WG 2.0 ES	1 Each	33.52
VEG: CORN, Zstytln 1/2c	1/2 Cup	17.8
VEG: MIX Broc/Clfwr, Fresh1/2c	1/2 Cup	2.33
FRUIT: CANTALOUPE, Fresh 1/2c	1/2 Cup	5.16
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		65.21
% of Calories		38.9%
Nutrient Guideline		

	Portion Size	Carb (g)
Mon - 08/06/2018		
SUMMER K-8 LunchStop (o	Total	
SDW BD, T.Bologna SW WG 2.0	Sandwich	31.0
SDW BD, SBJ WG 2.0	Sandwich	64.64
SNACK: CHIP SS, Dorito Flama	Package	20.25
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: BEANS, GarbanzoMrntd 1/2c	1/2 Cup	20.8
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0

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SUMMER K-8 LunchStop (outside)

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	Portion Size	Carb (g)
Weighted Daily Average % of Calories		112.90 47.2%
Nutrient Guideline		

Tue - 08/07/2018		
SUMMER K-8 LunchStop (o	Total	
SUB AP, TkySI JK KaBoom 2.0	Sandwich	30.88
SUB AP, AM CH SW WG 2.0	Sandwich	28.08
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average % of Calories		69.31 44.2%
Nutrient Guideline		

Wed - 08/08/2018		
SUMMER K-8 LunchStop (o	Total	
WRAP 9", ChixDcd Veg WG 2.0	Each	30.9
KIT: GRAHAM SunBttrJelly	1 Each	72.06
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1.93
VEG: SQUASH, Zucc Frsh 1/2c	1/2 Cup	2.08
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average % of Calories		91.74 51.6%
Nutrient Guideline		

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SUMMER K-8 LunchStop (outside)

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	Portion Size	Carb (g)
Thu - 08/09/2018		
SUMMER K-8 LunchStop (o	Total	
SDW BD, T.Bologna CH WG 2.0	Sandwich	30.0
SDW BD, AM VEG WG 2.0	Sandwich	29.01
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: SALAD, Side RomMix SC1c	1 CUP	2.77
FRUIT: WATERMELON, Fresh 1/2c	1/2 Cup	7.83
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
Weighted Daily Average		62.88
% of Calories		39.4%
Nutrient Guideline		

Fri - 08/10/2018		
SUMMER K-8 LunchStop (o	Total	
SDW BD, C.Ham AM WG 2.0	Sandwich	28.43
SDW BD, SBJ WG 2.0	Sandwich	64.64
VEG: CORN, Mrntd FMLGX 1/2c	1/2 Cup	17.66
VEG: TOMATOES, Cherry+Broc1/2c	1/2 Cup	2.78
FRUIT: CANTALOUPE, Fresh 1/2c	1/2 Cup	5.16
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		76.59
% of Calories		42.9%
Nutrient Guideline		

Mon - 08/13/2018		
SUMMER K-8 LunchStop (o	Total	
SDW BD, T.Bologna SW WG 2.0	Sandwich	31.0
KIT: Protein Pack, Egg Chz BG	1 Each	17.0
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1.93
VEG: BEANS, Black Zsty 1/2c	1/2 Cup	33.59
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		79.83
% of Calories		45.7%
Nutrient Guideline		

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SUMMER K-8 LunchStop (outside)

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	Portion Size	Carb (g)
Tue - 08/14/2018		
SUMMER K-8 LunchStop (o)	Total	
SDW BD, Tky AM WG 2.0	Sandwich	27.46
SDW BD, AM VEG WG 2.0	Sandwich	29.01
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		69.35
% of Calories		44.2%
Nutrient Guideline		

Wed - 08/15/2018		
SUMMER K-8 LunchStop (o)	Total	
WRAP 9", ChixDcd Veg WG 2.0	Each	30.9
KIT: Ygt MZ String Prtz	1 Each	37.0
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
VEG: SQUASH, Zucc Frsh 1/2c	1/2 Cup	2.08
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		69.81
% of Calories		53.7%
Nutrient Guideline		

Thu - 08/16/2018		
SUMMER K-8 LunchStop (o)	Total	
SDW BD, T.Bologna AM WG 2.0	Sandwich	32.28
SDW BD, SBJ WG 2.0	Sandwich	64.64
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: SALAD, Side RomMix SC1c	1 CUP	2.77
FRUIT: MIX Kiw/Orng, Fresh1/2c	1/2 Cup	12.79
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0

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SUMMER K-8 LunchStop (outside)

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	Portion Size	Carb (g)
Weighted Daily Average		81.79
% of Calories		42.3%
Nutrient Guideline		

Fri - 08/17/2018		
SUMMER K-8 LunchStop (o	Total	
SDW BD, CHam CH WG 2.0	Sandwich	27.94
WRAP 9", AM CH SW WG 2.0 ES	1 Each	33.52
VEG: CORN, Zstyltln 1/2c	1/2 Cup	17.8
VEG: MIX Broc/Cfwr, Fresh1/2c	1/2 Cup	2.33
FRUIT: CANTALOUPE, Fresh 1/2c	1/2 Cup	5.16
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		65.21
% of Calories		38.9%
Nutrient Guideline		

Mon - 08/20/2018		
SUMMER K-8 LunchStop (o	Total	
SDW BD, T.Bologna SW WG 2.0	Sandwich	31.0
SDW BD, SBJ WG 2.0	Sandwich	64.64
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: BEANS, GarbanzoMrntd 1/2c	1/2 Cup	20.8
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		92.65
% of Calories		45.5%
Nutrient Guideline		

Tue - 08/21/2018		
SUMMER K-8 LunchStop (o	Total	
SUB AP, TkySI JK KaBoom 2.0	Sandwich	30.88
SUB AP, AM CH SW WG 2.0	Sandwich	28.08
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0

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Jul 30, 2018 thru Aug 31, 2018

SUMMER K-8 LunchStop (outside)

Generated on: 7/25/2018 12:06:27 PM

	Portion Size	Carb (g)
Weighted Daily Average		69.31
% of Calories		44.2%
Nutrient Guideline		

Wed - 08/22/2018		
SUMMER K-8 LunchStop (o	Total	
WRAP 9", ChixDcd Veg WG 2.0	Each	30.9
KIT: GRAHAM SunBttrJelly	1 Each	72.06
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1.93
VEG: SQUASH, Zucc Frsh 1/2c	1/2 Cup	2.08
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		91.74
% of Calories		51.6%
Nutrient Guideline		

Thu - 08/23/2018		
SUMMER K-8 LunchStop (o	Total	
SDW BD, T.Bologna CH WG 2.0	Sandwich	30.0
SDW BD, AM VEG WG 2.0	Sandwich	29.01
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: SALAD, Side RomMix SC1c	1 CUP	2.77
FRUIT: WATERMELON, Fresh 1/2c	1/2 Cup	7.83
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
Weighted Daily Average		62.88
% of Calories		39.4%
Nutrient Guideline		

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SUMMER K-8 LunchStop (outside)

Generated on: 7/25/2018 12:06:27 PM

	Portion Size	Carb (g)
Fri - 08/24/2018		
SUMMER K-8 LunchStop (o	Total	
SDW BD, C.Ham AM WG 2.0	Sandwich	28.43
SDW BD, SBJ WG 2.0	Sandwich	64.64
VEG: CORN, Zstyltln 1/2c	1/2 Cup	17.8
VEG: TOMATOES, Cherry+Broc1/2c	1/2 Cup	2.78
FRUIT: CANTALOUPE, Fresh 1/2c	1/2 Cup	5.16
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsng Ranch 12g	1 Each	1.0
Weighted Daily Average		76.65
% of Calories		40.1%
Nutrient Guideline		

Weighted Average		77.76 44.7%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	77.76	44.72%						

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