

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jul 30, 2018 thru Aug 31, 2018

SUMMER K-12 Breakfast

Generated on: 7/25/2018 12:02:22 PM

	Portion Size	Carb (g)
Mon - 07/30/2018		
SUMMER K-12 Breakfast	Total	
BRD: BAR, Mango Ban IW 2.0WG	1 Each	39.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PLUMS, Fresh Whole 1/2c	Each(45-50ct)	7.39
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		61.33
% of Calories		66.5%
Nutrient Guideline		

Tue - 07/31/2018		
SUMMER K-12 Breakfast	Total	
CEREAL BWL, Frstd Mini Whts WG	Bowl	24.0
CEREAL BWL, Cheerios WG	Bowl	20.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		58.63
% of Calories		67.5%
Nutrient Guideline		

Wed - 08/01/2018		
SUMMER K-12 Breakfast	Total	
BRD: BAGEL, Mini CinnCrCh WGIW	1 Each	41.0
FRUIT: GRAPES, Fresh 1/2c	1/2 Cup	14.54
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		66.35
% of Calories		68.1%
Nutrient Guideline		

Thu - 08/02/2018		
SUMMER K-12 Breakfast	Total	
YOGURT, Parfait Pear	Serving	37.35
BRD: CRACK SS, Graham 3pk	Serving	16.0
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		66.18
% of Calories		73.8%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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SUMMER K-12 Breakfast

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	Portion Size	Carb (g)
Fri - 08/03/2018		
SUMMER K-12 Breakfast	Total	
BRD: MUF AP, Blueb WG (1BG)	Muffin	28.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
FRUIT: PLUMS, Fresh Whole 1/2c	Each(45-50ct)	7.39
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		48.85
% of Calories		53.0%
Nutrient Guideline		

Mon - 08/06/2018		
SUMMER K-12 Breakfast	Total	
BRD: BAR, Benefit FrTst WGIW	1 Each	47.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PLUMS, Fresh Whole 1/2c	Each(45-50ct)	7.39
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		69.33
% of Calories		64.7%
Nutrient Guideline		

Tue - 08/07/2018		
SUMMER K-12 Breakfast	Total	
CEREAL BWL, Frstd Mini Whts WG	Bowl	24.0
CEREAL BWL, Cheerios WG	Bowl	20.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		58.63
% of Calories		67.5%
Nutrient Guideline		

Wed - 08/08/2018		
SUMMER K-12 Breakfast	Total	
BRD: BAGEL, Mini CinnCrCh WGIW	1 Each	41.0
FRUIT: GRAPES, Fresh 1/2c	1/2 Cup	14.54
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		66.35
% of Calories		68.1%
Nutrient Guideline		

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Jul 30, 2018 thru Aug 31, 2018

SUMMER K-12 Breakfast

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	Portion Size	Carb (g)
Thu - 08/09/2018		
SUMMER K-12 Breakfast	Total	
YOGURT: PEACH PARFAIT	Serving	35.35
BRD: CRACK SS, Graham 3pk	Serving	16.0
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		64.07
% of Calories		73.3%
Nutrient Guideline		

Fri - 08/10/2018		
SUMMER K-12 Breakfast	Total	
BRD: MUF AP, ApCin WG (1BG)	Muffin	28.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
FRUIT: PLUMS, Fresh Whole 1/2c	Each(45-50ct)	7.39
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		48.85
% of Calories		53.0%
Nutrient Guideline		

Mon - 08/13/2018		
SUMMER K-12 Breakfast	Total	
BRD: BAR, Mango Ban IW 2.0WG	1 Each	39.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PLUMS, Fresh Whole 1/2c	Each(45-50ct)	7.39
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		61.33
% of Calories		66.5%
Nutrient Guideline		

Tue - 08/14/2018		
SUMMER K-12 Breakfast	Total	
CEREAL BWL, Frstd Mini Whts WG	Bowl	24.0
CEREAL BWL, Cheerios WG	Bowl	20.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		58.63
% of Calories		67.5%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Jul 30, 2018 thru Aug 31, 2018

SUMMER K-12 Breakfast

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	Portion Size	Carb (g)
Wed - 08/15/2018		
SUMMER K-12 Breakfast	Total	
BRD: BAGEL, Mini CinnCrCh WGIW	1 Each	41.0
FRUIT: GRAPES, Fresh 1/2c	1/2 Cup	14.54
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		66.35
% of Calories		68.1%
Nutrient Guideline		

Thu - 08/16/2018		
SUMMER K-12 Breakfast	Total	
YOGURT, Parfait Pear	Serving	37.35
BRD: CRACK SS, Graham 3pk	Serving	16.0
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		66.18
% of Calories		73.8%
Nutrient Guideline		

Fri - 08/17/2018		
SUMMER K-12 Breakfast	Total	
BRD: MUF AP, Blueb WG (1BG)	Muffin	28.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
FRUIT: PLUMS, Fresh Whole 1/2c	Each(45-50ct)	7.39
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		48.85
% of Calories		53.0%
Nutrient Guideline		

Mon - 08/20/2018		
SUMMER K-12 Breakfast	Total	
BRD: BAR, Benefit FrTst WGIW	1 Each	47.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PLUMS, Fresh Whole 1/2c	Each(45-50ct)	7.39
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		69.33
% of Calories		64.7%
Nutrient Guideline		

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SUMMER K-12 Breakfast

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	Portion Size	Carb (g)
Tue - 08/21/2018		
SUMMER K-12 Breakfast	Total	
CEREAL BWL, Frstd Mini Whts WG	Bowl	24.0
CEREAL BWL, Cheerios WG	Bowl	20.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		58.63
% of Calories		67.5%
Nutrient Guideline		

Wed - 08/22/2018		
SUMMER K-12 Breakfast	Total	
BRD: BAGEL, Mini CinnCrCh WGIW	1 Each	41.0
FRUIT: GRAPES, Fresh 1/2c	1/2 Cup	14.54
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		66.35
% of Calories		68.1%
Nutrient Guideline		

Thu - 08/23/2018		
SUMMER K-12 Breakfast	Total	
YOGURT: PEACH PARFAIT	Serving	35.35
BRD: CRACK SS, Graham 3pk	Serving	16.0
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		64.07
% of Calories		73.3%
Nutrient Guideline		

Fri - 08/24/2018		
SUMMER K-12 Breakfast	Total	
BRD: MUF AP, ApCin WG (1BG)	Muffin	28.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
FRUIT: PLUMS, Fresh Whole 1/2c	Each(45-50ct)	7.39
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		48.85
% of Calories		53.0%
Nutrient Guideline		

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SUMMER K-12 Breakfast

Generated on: 7/25/2018 12:02:23 PM

	Portion Size	Carb (g)
Mon - 08/27/2018		
SUMMER K-12 Breakfast	Total	
BRD: BAR, Mango Ban IW 2.0WG	1 Each	39.0
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PLUMS, Fresh Whole 1/2c	Each(45-50ct)	7.39
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		61.33
% of Calories		66.5%
Nutrient Guideline		

Tue - 08/28/2018		
SUMMER K-12 Breakfast	Total	
CEREAL BWL, Frstd Mini Whts WG	Bowl	24.0
CEREAL BWL, Cheerios WG	Bowl	20.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		58.63
% of Calories		67.5%
Nutrient Guideline		

Wed - 08/29/2018		
SUMMER K-12 Breakfast	Total	
BRD: BAGEL, Mini CinnCrCh WGIW	1 Each	41.0
FRUIT: GRAPES, Fresh 1/2c	1/2 Cup	14.54
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		66.35
% of Calories		68.1%
Nutrient Guideline		

Thu - 08/30/2018		
SUMMER K-12 Breakfast	Total	
YOGURT, Parfait Pear	Serving	37.35
BRD: CRACK SS, Graham 3pk	Serving	16.0
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		66.18
% of Calories		73.8%
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Generated on: 7/25/2018 12:02:23 PM

	Portion Size	Carb (g)
Fri - 08/31/2018		
SUMMER K-12 Breakfast	Total	
BRD: MUF AP, Blueb WG (1BG)	Muffin	28.0
CHEESE, MZ String LF 1ea 1.0	Stick	1.0
FRUIT: PLUMS, Fresh Whole 1/2c	Each(45-50ct)	7.39
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
Weighted Daily Average		48.85
% of Calories		53.0%
Nutrient Guideline		

Weighted Average		60.74 65.5%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	60.74	65.54%						

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