

ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jul 30, 2018 thru Aug 31, 2018

SUMMER 9-12 Cold Lunch(inside)

Generated on: 7/25/2018 12:05:47 PM

	Portion Size	Carb (g)
Mon - 07/30/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, T.Bologna SW WG 2.0	Sandwich	31.0
SDW BD, SBJ WG 2.0	Sandwich	64.64
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1.93
VEG: BEANS, Black Zsty 1/2c	1/2 Cup	33.59
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		83.52
% of Calories		43.2%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 07/31/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, Tky AM WG 2.0	Sandwich	27.46
KIT: CHEESE Red Pep Humm Tort	1 Each	39.0
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		66.95
% of Calories		42.1%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 08/01/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
WRAP 9", ChixDcd Veg WG 2.0	Each	30.9
KIT: Ygt MZ String	Each	22.0
BRD: BRDSTK AP, HnyWht WG 2ea	2 Each	25.6
VEG: TOMATOES, Fresh Wdgs 1/2c	1/2 Cup	3.33
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data**

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Jul 30, 2018 thru Aug 31, 2018

SUMMER 9-12 Cold Lunch(inside)

Generated on: 7/25/2018 12:05:47 PM

	Portion Size	Carb (g)
Weighted Daily Average % of Calories		80.06 51.7%
Nutrient Guideline		

Thu - 08/02/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, T.Bologna AM WG 2.0	Sandwich	32.28
SDW BD, AM VEG WG 2.0	Sandwich	29.01
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: SALAD, Side RomMix SC1c	1 CUP	2.77
FRUIT: MIX Kiw/Orng, Fresh1/2c	1/2 Cup	12.79
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
Weighted Daily Average % of Calories		73.57 40.6%
Nutrient Guideline		

Fri - 08/03/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, CHam CH WG 2.0	Sandwich	27.94
WRAP 9", AM CH SW WG 2.0 ES	1 Each	33.52
BRD: CRACK SS, Graham 3pk	Serving	16.0
VEG: CORN, Zstytln 1/2c	1/2 Cup	17.8
VEG: MIX Broc/Clfwr, Fresh1/2c	1/2 Cup	2.33
FRUIT: CANTALOUPE, Fresh 1/2c	1/2 Cup	5.16
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average % of Calories		83.73 43.0%
Nutrient Guideline		

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Jul 30, 2018 thru Aug 31, 2018

SUMMER 9-12 Cold Lunch(inside)

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	Portion Size	Carb (g)
Mon - 08/06/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, T.Bologna SW WG 2.0	Sandwich	31.0
SDW BD, SBJ WG 2.0	Sandwich	64.64
SNACK: CHIP SS, Dorito Flama	Package	20.25
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: BEANS, GarbanzoMrntd 1/2c	1/2 Cup	20.8
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		100.80
% of Calories		44.6%
Nutrient Guideline		

Tue - 08/07/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SUB AP, TkySI JK KaBoom 2.0	Sandwich	31.26
KIT: CHEESE Red Pep Humm Tort	Each	39.0
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		68.89
% of Calories		43.2%
Nutrient Guideline		

Wed - 08/08/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
WRAP 9", ChixDcd Veg WG 2.0	Each	30.9
SDW BD, SBJ WG 2.0	Sandwich	64.64
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1.93
VEG: TOMATOES, Fresh Wdgs 1/2c	1/2 Cup	3.33
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0

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Jul 30, 2018 thru Aug 31, 2018

SUMMER 9-12 Cold Lunch(inside)

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	Portion Size	Carb (g)
Weighted Daily Average % of Calories		82.27 49.3%
Nutrient Guideline		

Thu - 08/09/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, T.Bologna CH WG 2.0	Sandwich	30.0
SDW BD, AM VEG WG 2.0	Sandwich	29.01
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: SALAD, Side RomMix SC1c	1 CUP	2.77
FRUIT: WATERMELON, Fresh 1/2c	1/2 Cup	7.83
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
Weighted Daily Average % of Calories		67.69 40.0%
Nutrient Guideline		

Fri - 08/10/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, C.Ham AM WG 2.0	Sandwich	28.43
SDW BD, SBJ WG 2.0	Sandwich	64.64
BRD: CRACK SS, Graham 3pk	Serving	16.0
VEG: CORN, Mrntd FMLGX 1/2c	1/2 Cup	17.66
VEG: TOMATOES, Cherry+Broc1/2c	1/2 Cup	2.78
FRUIT: CANTALOUPE, Fresh 1/2c	1/2 Cup	5.16
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average % of Calories		87.43 45.1%
Nutrient Guideline		

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Jul 30, 2018 thru Aug 31, 2018

SUMMER 9-12 Cold Lunch(inside)

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	Portion Size	Carb (g)
Mon - 08/13/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, T.Bologna SW WG 2.0	Sandwich	31.0
KIT: Protein Pack, Egg Chz 2BG	1 Each	26.07
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1.93
VEG: BEANS, Black Zsty 1/2c	1/2 Cup	33.59
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		78.12
% of Calories		43.1%
Nutrient Guideline		

Tue - 08/14/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, Tky AM WG 2.0	Sandwich	27.46
KIT: CHEESE Red Pep Humm Tort	1 Each	39.0
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		66.95
% of Calories		42.1%
Nutrient Guideline		

Wed - 08/15/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
WRAP 9", ChixDcd Veg WG 2.0	Each	30.9
KIT: Ygt MZ String	Each	22.0
BRD: BRDSTK AP, HnyWht WG 2ea	2 Each	25.6
VEG: TOMATOES, Fresh Wdgs 1/2c	1/2 Cup	3.33
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0

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Jul 30, 2018 thru Aug 31, 2018

SUMMER 9-12 Cold Lunch(inside)

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	Portion Size	Carb (g)
Weighted Daily Average % of Calories		80.06 51.7%
Nutrient Guideline		

Thu - 08/16/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, T.Bologna AM WG 2.0	Sandwich	32.28
SDW BD, AM VEG WG 2.0	Sandwich	29.01
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: SALAD, Side RomMix SC1c	1 CUP	2.77
FRUIT: MIX Kiw/Orng, Fresh1/2c	1/2 Cup	12.79
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
Weighted Daily Average % of Calories		73.57 40.6%
Nutrient Guideline		

Fri - 08/17/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, CHam CH WG 2.0	Sandwich	27.94
WRAP 9", AM CH SW WG 2.0 ES	1 Each	33.52
BRD: CRACK SS, Graham 3pk	Serving	16.0
VEG: CORN, Zstyltln 1/2c	1/2 Cup	17.8
VEG: MIX Broc/Clfwr, Fresh1/2c	1/2 Cup	2.33
FRUIT: CANTALOUPE, Fresh 1/2c	1/2 Cup	5.16
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average % of Calories		83.73 43.0%
Nutrient Guideline		

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Portion Values - Detailed

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Jul 30, 2018 thru Aug 31, 2018

SUMMER 9-12 Cold Lunch(inside)

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	Portion Size	Carb (g)
Mon - 08/20/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, T.Bologna SW WG 2.0	Sandwich	31.0
SDW BD, SBJ WG 2.0	Sandwich	64.64
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: BEANS, GarbanzoMrntd 1/2c	1/2 Cup	20.8
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		101.88
% of Calories		42.0%
Nutrient Guideline		

Tue - 08/21/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SUB AP, TkySI JK KaBoom 2.0	Sandwich	31.26
KIT: CHEESE Red Pep Humm Tort	Each	39.0
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		68.89
% of Calories		43.2%
Nutrient Guideline		

Wed - 08/22/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
WRAP 9", ChixDcd Veg WG 2.0	Each	30.9
SDW BD, SBJ WG 2.0	Sandwich	64.64
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1.93
VEG: TOMATOES, Fresh Wdgs 1/2c	1/2 Cup	3.33
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0

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Jul 30, 2018 thru Aug 31, 2018

SUMMER 9-12 Cold Lunch(inside)

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	Portion Size	Carb (g)
Weighted Daily Average		82.27
% of Calories		49.3%
Nutrient Guideline		

Thu - 08/23/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, T.Bologna CH WG 2.0	Sandwich	30.0
SDW BD, AM VEG WG 2.0	Sandwich	29.01
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: SALAD, Side RomMix SC1c	1 CUP	2.77
FRUIT: WATERMELON, Fresh 1/2c	1/2 Cup	7.83
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
Weighted Daily Average		67.69
% of Calories		40.0%
Nutrient Guideline		

Fri - 08/24/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, C.Ham AM WG 2.0	Sandwich	28.43
SDW BD, SBJ WG 2.0	Sandwich	64.64
BRD: CRACK SS, Graham 3pk	Serving	16.0
VEG: CORN, Zstyltln 1/2c	1/2 Cup	17.8
VEG: TOMATOES, Cherry+Broc1/2c	1/2 Cup	2.78
FRUIT: CANTALOUPE, Fresh 1/2c	1/2 Cup	5.16
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		87.48
% of Calories		42.9%
Nutrient Guideline		

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Portion Values - Detailed

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Jul 30, 2018 thru Aug 31, 2018

SUMMER 9-12 Cold Lunch(inside)

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	Portion Size	Carb (g)
Mon - 08/27/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, T.Bologna SW WG 2.0	Sandwich	31.0
SDW BD, SBJ WG 2.0	Sandwich	64.64
VEG: CELERY, Sticks AP 1/2c	1/2 Cup	1.93
VEG: BEANS, Black Zsty 1/2c	1/2 Cup	33.59
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		83.52
% of Calories		43.2%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 08/28/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, Tky AM WG 2.0	Sandwich	27.46
KIT: CHEESE Red Pep Humm Tort	1 Each	39.0
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: CUCUMBER, Fresh Slice1/2c	1/2 Cup	2.61
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average		66.95
% of Calories		42.1%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 08/29/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
WRAP 9", ChixDcd Veg WG 2.0	Each	30.9
KIT: Ygt MZ String	Each	22.0
BRD: BRDSTK AP, HnyWht WG 2ea	2 Each	25.6
VEG: TOMATOES, Fresh Wdgs 1/2c	1/2 Cup	3.33
VEG: BROCCOLI, Fresh 1/2c	1/2 Cup	2.12
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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ARAMARK - 1 - CPS

Base Menu Spreadsheet
Portion Values - Detailed

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Jul 30, 2018 thru Aug 31, 2018

SUMMER 9-12 Cold Lunch(inside)

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	Portion Size	Carb (g)
Weighted Daily Average % of Calories		80.06 51.7%
Nutrient Guideline		

Thu - 08/30/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, T.Bologna AM WG 2.0	Sandwich	32.28
SDW BD, AM VEG WG 2.0	Sandwich	29.01
VEG: CARROTS, Fresh Baby 1/2c	1/2 Cup	5.84
VEG: SALAD, Side RomMix SC1c	1 CUP	2.77
FRUIT: MIX Kiw/Orng, Fresh1/2c	1/2 Cup	12.79
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
Weighted Daily Average % of Calories		73.57 40.6%
Nutrient Guideline		

Fri - 08/31/2018		
SUMMER 9-12 Cold Lunch(i)	Total	
SDW BD, CHam CH WG 2.0	Sandwich	27.94
WRAP 9", AM CH SW WG 2.0 ES	1 Each	33.52
BRD: CRACK SS, Graham 3pk	Serving	16.0
VEG: CORN, Zstyltn 1/2c	1/2 Cup	17.8
VEG: MIX Broc/Clfwr, Fresh1/2c	1/2 Cup	2.33
FRUIT: CANTALOUPE, Fresh 1/2c	1/2 Cup	5.16
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
Weighted Daily Average % of Calories		83.73 43.0%
Nutrient Guideline		

Weighted Average		78.93 43.9%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	78.93	43.90%						

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