

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Oct 1, 2018 thru Nov 2, 2018

K-8 LUNCH

Generated on: 9/17/2018 3:44:07 PM

	Portion Size	Carb (g)
Mon - 10/01/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
PIZZA AP Wdg Chz WG	Pizza	37.0
HD: GRILL FEATURE	1 Each	0.0
CHIX Tender, Frit G (3) WG 2.0	3 Each	18.26
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD:VEGETABLES AND FRUITS	each	0.0
VEG: SALAD, Side RomMix SC1/2c	1/2 Cup	1.42
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
VEG: CELERY, Sticks AP 1/4c	1/4 Cup	0.96
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		75.02
% of Calories		53.6%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Oct 1, 2018 thru Nov 2, 2018

Base Menu Spreadsheet

K-8 LUNCH

Portion Values - Detailed

Page 2

Generated on: 9/17/2018 3:44:07 PM

	Portion Size	Carb (g)
Tue - 10/02/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
CHIX Popcorn, Frnks RedHot	12 Pieces	17.36
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: GRILL FEATURE	1 Each	0.0
QUES 8" CH WG 2.0	1 Each	44.0
COND_Sour Cream AP	1 TBSP	1.9
VEG: PEPPERS, Jalapeno CndTBSP	1 TBSP	0.47
COND_Salsa, SS 1/4c	1/4 Cup	4.64
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD:VEGETABLES AND FRUITS	each	0.0
VEG: SALAD, Side RomMix SC1/2c	1/2 Cup	1.42
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
FRUIT: APPLES, Cinn Crsp 1/2c	1/2 Cup	41.77
FRUIT: CRAISINS, SS 1.16	Box (1.16oz)	28.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND_Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		91.05
% of Calories		54.8%
Nutrient Guideline		

Wed - 10/03/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
ENT: PASTA, Mac&Chz 2MMA 2BG	2 6-oz spoodle	49.27
HD: GRILL FEATURE	1 Each	0.0
SDW BN, ChixPty Pln WG/WG 2.0	Sandwich	42.0
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD:VEGETABLES AND FRUITS	each	0.0
VEG GARN: Rom Leaf/Tom 2SI	Serving	2.18
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
VEG: CELERY, Sticks AP 1/4c	1/4 Cup	0.96
FRUIT: SALAD, Orange/Grape1/2c	1/2 Cup	13.13
FRUIT: PEARS, Dice w/cnm 1/2c	1/2 Cup	16.4
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND_Sauce, Hot Cayenne AP	1 TBSP	0.67

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Oct 1, 2018 thru Nov 2, 2018

Base Menu Spreadsheet

K-8 LUNCH

Portion Values - Detailed

Page 3

Generated on: 9/17/2018 3:44:07 PM

	Portion Size	Carb (g)
Weighted Daily Average		81.62
% of Calories		50.3%
Nutrient Guideline		

Thu - 10/04/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
NACHO Bake, Chix/Ch SC 2.0	1/24 Cut	23.33
NACHO Bake, BBeanCh SC 2.0	1/24 Cut	36.75
COND_Sour Cream AP	1 TBSP	1.9
VEG: PEPPERS, Jalapeno CndTBSP	1 TBSP	0.47
COND_Salsa, SS 1/4c	1/4 Cup	4.64
HD: GRILL FEATURE	1 Each	0.0
MELT BD, AM WG 2.0	Sandwich	27.4
HD: HOT VEGETABLE	1 EACH	0.0
VEG: BEANS, Black Pinto 1/2c	1/2 Cup	22.2
HD: DELI FEATURE	1 Each	0.0
SDW BD, ChixDcd Salad WG2.0	Sandwich	30.74
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD:VEGETABLES AND FRUITS	each	0.0
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND_Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		66.84
% of Calories		50.3%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Oct 1, 2018 thru Nov 2, 2018

Base Menu Spreadsheet

K-8 LUNCH

Portion Values - Detailed

Page 4

Generated on: 9/17/2018 3:44:07 PM

	Portion Size	Carb (g)
Fri - 10/05/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
SDW BISC, Bkfst Pty AM	Sandwich	38.3
MELT BISC, EggPtyAMWG1.25(2BG)	Sandwich	28.5
HD: GRILL FEATURE	1 Each	0.0
BURG, Beef AM AP WG 2.25	1 Each	27.0
BURG, Beef AP WG 2.0	1 Each	27.0
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD: HOT VEGETABLE	1 EACH	0.0
VEG: Potato, Emoticon 4 pieces	1/2 Cup	17.81
HD:VEGETABLES AND FRUITS	each	0.0
VEG GARN: Rom Leaf/Tom 2SI	Serving	2.18
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		79.27
% of Calories		52.1%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 5

Oct 1, 2018 thru Nov 2, 2018

K-8 LUNCH

Generated on: 9/17/2018 3:44:08 PM

	Portion Size	Carb (g)
Tue - 10/09/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
PIZZA AP Wdg Chz WG	Pizza	37.0
HD: GRILL FEATURE	1 Each	0.0
HOT DOG, Plain WG 2.0	1 Each	28.0
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD:VEGETABLES AND FRUITS	each	0.0
VEG: SALAD, Side RomMix SC1/2c	1/2 Cup	1.42
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
VEG: CELERY, Sticks AP 1/4c	1/4 Cup	0.96
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Mustard 6g	1 Each	1.0
COND Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		75.47
% of Calories		57.0%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Oct 1, 2018 thru Nov 2, 2018

Base Menu Spreadsheet

K-8 LUNCH

Portion Values - Detailed

Page 6

Generated on: 9/17/2018 3:44:08 PM

	Portion Size	Carb (g)
Wed - 10/10/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
TACO ChixDcd Soft WG 2.0 2ea	2 Each	44.34
TACO Bean Soft WG 2.0 2ea	2 Each	64.93
HD:OR	1 each	0.0
TACO ChixDcd Corn WG 2.0 2ea	2 Each	16.84
TACO Bean Corn WG 2.0 2ea	2 Each	37.43
COND_Sour Cream AP	1 TBSP	1.9
VEG: PEPPERS, Jalapeno CndTBSP	1 TBSP	0.47
COND_Salsa, SS 1/4c	1/4 Cup	4.64
HD: GRILL FEATURE	1 Each	0.0
QUES 8" CH WG 2.0	1 Each	44.0
COND_Sour Cream AP	1 TBSP	1.9
VEG: PEPPERS, Jalapeno CndTBSP	1 TBSP	0.47
COND_Salsa, SS 1/4c	1/4 Cup	4.64
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD: HOT VEGETABLE	1 EACH	0.0
VEG CORN, Fmlgx Frz 1/2c	1/2 Cup	16.64
HD:VEGETABLES AND FRUITS	1 each	0.0
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
VEG: BEANS, Black Zsty 1/4c	1/4 Cup	16.8
FRUIT: SALAD, Orange/Grape1/2c	1/2 Cup	13.13
FRUIT: CRAISINS, SS 1.16	Box (1.16oz)	28.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND_Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		90.98
% of Calories		55.5%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 7

Oct 1, 2018 thru Nov 2, 2018

K-8 LUNCH

Generated on: 9/17/2018 3:44:08 PM

	Portion Size	Carb (g)
Thu - 10/11/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
PASTA, RvliChz AP 1 MMA .5BG	4oz spdl (7 ea)	21.51
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: GRILL FEATURE	1 Each	0.0
BURG, Beef AM AP WG 2.25	1 Each	27.0
BURG, Beef AP WG 2.0	1 Each	27.0
HD: DELI FEATURE	1 Each	0.0
SUB AP, TkySI JK KaBoom 2.0	Sandwich	32.66
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD:VEGETABLES AND FRUITS	each	0.0
VEG GARN: Rom Leaf/Tom 2SI	Serving	2.18
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
VEG: CELERY, Sticks AP 1/4c	1/4 Cup	0.96
FRUIT: APPLE, 138ct Whole 1c	Each(138ct)	16.52
FRUIT: PEARS, Dice w/cnm 1/2c	1/2 Cup	16.4
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		70.78
% of Calories		60.3%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Oct 1, 2018 thru Nov 2, 2018

Base Menu Spreadsheet

K-8 LUNCH

Portion Values - Detailed

Page 8

Generated on: 9/17/2018 3:44:08 PM

	Portion Size	Carb (g)
Fri - 10/12/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
FISH, Catfish Strips	Portion	12.15
BRD: BREAD WG, 2sl	2 Slice	24.9
HD: GRILL FEATURE	1 Each	0.0
MELT BD, AM WG 2.0	Sandwich	27.4
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD: HOT VEGETABLE	1 EACH	0.0
VEG: POTATO, FF Curly 1/2c	1/2 Cup	15.19
HD:VEGETABLES AND FRUITS	each	0.0
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
VEG: BEANS, Black Zsty 1/4c	1/4 Cup	16.8
FRUIT: APPLES, Warm Cinn 1/2c	1/2 Cup	29.2
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Mustard 6g	1 Each	1.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Sauce, Tartar 12g	1 Each	2.0
COND Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		98.72
% of Calories		56.0%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



# ARAMARK - 1 - CPS

Oct 1, 2018 thru Nov 2, 2018

Base Menu Spreadsheet

K-8 LUNCH

Portion Values - Detailed

Page 9

Generated on: 9/17/2018 3:44:08 PM

	Portion Size	Carb (g)
Mon - 10/15/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
PIZZA AP Wdg Chz WG	Pizza	37.0
HD: GRILL FEATURE	1 Each	0.0
CHIX Tender, Frit G (3) WG 2.0	3 Each	18.26
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD:VEGETABLES AND FRUITS	each	0.0
VEG: SALAD, Side RomMix SC1/2c	1/2 Cup	1.42
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
VEG: CELERY, Sticks AP 1/4c	1/4 Cup	0.96
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		75.02
% of Calories		53.6%
Nutrient Guideline		

Tue - 10/16/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
NACHO Bake, Tky Carn/Ch SC 2.0	1/24 Cut	26.9
NACHO Bake, BBeanCh SC 2.0	1/24 Cut	36.75
COND_Sour Cream AP	1 TBSP	1.9
VEG: PEPPERS, Jalapeno CndTBSP	1 TBSP	0.47
COND_Salsa, SS 1/4c	1/4 Cup	4.64
HD: GRILL FEATURE	1 Each	0.0
MELT BD, AM WG 2.0	Sandwich	27.4
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD: HOT VEGETABLE	1 EACH	0.0
VEG: BEANS, Black Pinto 1/2c	1/2 Cup	22.2
HD:VEGETABLES AND FRUITS	each	0.0
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: CRAISINS, SS 1.16	Box (1.16oz)	28.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND Sauce, Hot Cayenne AP	1 TBSP	0.67

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Oct 1, 2018 thru Nov 2, 2018

Base Menu Spreadsheet

K-8 LUNCH

Portion Values - Detailed

Page 10

Generated on: 9/17/2018 3:44:08 PM

	Portion Size	Carb (g)
Weighted Daily Average		72.78
% of Calories		51.5%
Nutrient Guideline		

Wed - 10/17/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
ENT: PASTA, Mac&Chz 2MMA 2BG	2 6-oz spoodle	49.27
HD: GRILL FEATURE	1 Each	0.0
SDW BN, ChixPty Pln WG/WG 2.0	Sandwich	42.0
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD:VEGETABLES AND FRUITS	each	0.0
VEG GARN: Rom Leaf/Tom 2Sl	Serving	2.18
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
VEG: CELERY, Sticks AP 1/4c	1/4 Cup	0.96
FRUIT: SALAD, Orange/Grape1/2c	1/2 Cup	13.13
FRUIT: PEARS, Dice w/cnm 1/2c	1/2 Cup	16.4
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		81.62
% of Calories		50.3%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Oct 1, 2018 thru Nov 2, 2018

Base Menu Spreadsheet

K-8 LUNCH

Portion Values - Detailed

Page 11

Generated on: 9/17/2018 3:44:08 PM

	Portion Size	Carb (g)
Thu - 10/18/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
CHIX Drum Swt Thai Chili ES	1 Each	6.2
CHIX Drum Frnks RedHot ES	1 Each	3.19
CHIX Drum BBQChiliLime SC	1 Each	6.62
RICE, Seasoned WG 2BG	1 CUP	49.28
HD: GRILL FEATURE	1 Each	0.0
BURG, Beef AM AP WG 2.25	1 Each	27.0
BURG, Beef AP WG 2.0	1 Each	27.0
HD: DELI FEATURE	1 Each	0.0
SUB AP, AM Rst Veg 2.0	Sandwich	32.19
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD:VEGETABLES AND FRUITS	each	0.0
VEG: SALAD, ColeslawAsianW1/4c	1/4 cup	3.72
VEG GARN: Rom Leaf/Tom 2Sl	Serving	2.18
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
FRUIT: APPLES, Cinn Crsp 1/2c	1/2 Cup	41.77
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		97.00
% of Calories		59.0%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Oct 1, 2018 thru Nov 2, 2018

Base Menu Spreadsheet

K-8 LUNCH

Portion Values - Detailed

Page 12

Generated on: 9/17/2018 3:44:08 PM

	Portion Size	Carb (g)
Fri - 10/19/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
CHIX Popcorn, AP WG 2.0	Serving	17.3
COND_Sauce, BBQ Original AP	1 TBSP	9.0
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: GRILL FEATURE	1 Each	0.0
QUES 8" Bean WG 2.0	1 Each	55.45
COND_Sour Cream AP	1 TBSP	1.9
VEG: PEPPERS, Jalapeno CndTBSP	1 TBSP	0.47
COND_Salsa, SS 1/4c	1/4 Cup	4.64
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD:HOT VEGETABLE	1 each	0.0
VEG: Potato, Emoticon 4 pieces	1/2 Cup	17.81
HD:VEGETABLES AND FRUITS	each	0.0
VEG: SALAD, Side RomMix SC1/2c	1/2 Cup	1.42
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEARS, Dice w/Jc 1/2c	1/2 Cup	16.36
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND_Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		86.40
% of Calories		53.4%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 13

Oct 1, 2018 thru Nov 2, 2018

K-8 LUNCH

Generated on: 9/17/2018 3:44:08 PM

	Portion Size	Carb (g)
Mon - 10/22/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
PIZZA AP Wdg Chz WG	Pizza	37.0
HD: GRILL FEATURE	1 Each	0.0
HOT DOG, Plain WG 2.0	1 Each	28.0
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD:VEGETABLES AND FRUITS	each	0.0
VEG: SALAD, Side RomMix SC1/2c	1/2 Cup	1.42
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
VEG: CELERY, Sticks AP 1/4c	1/4 Cup	0.96
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		74.11
% of Calories		57.8%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Oct 1, 2018 thru Nov 2, 2018

Base Menu Spreadsheet

K-8 LUNCH

Portion Values - Detailed

Page 14

Generated on: 9/17/2018 3:44:08 PM

	Portion Size	Carb (g)
Tue - 10/23/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
TACO ChixDcd Soft WG 2.0 2ea	2 Each	44.34
TACO Bean Soft WG 2.0 2ea	2 Each	64.93
HD:OR	1 each	0.0
TACO ChixDcd Corn WG 2.0 2ea	2 Each	16.84
TACO Bean Corn WG 2.0 2ea	2 Each	37.43
HD:TOPPINGS	1 Each	0.0
COND_Sour Cream AP	1 TBSP	1.9
VEG: PEPPERS, Jalapeno CndTBSP	1 TBSP	0.47
COND_Salsa, SS 1/4c	1/4 Cup	4.64
HD: GRILL FEATURE	1 Each	0.0
MELT BD, AM WG 2.0	Sandwich	27.4
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD: HOT VEGETABLE	1 EACH	0.0
VEG: BEANS, Black Pinto 1/2c	1/2 Cup	22.2
HD:VEGETABLES AND FRUITS	each	0.0
VEG: SALAD, Side RomMix SC1/2c	1/2 Cup	1.42
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: CRAISINS, SS 1.16	Box (1.16oz)	28.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND_Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		74.66
% of Calories		51.6%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Oct 1, 2018 thru Nov 2, 2018

Base Menu Spreadsheet

K-8 LUNCH

Portion Values - Detailed

Page 15

Generated on: 9/17/2018 3:44:08 PM

	Portion Size	Carb (g)
Wed - 10/24/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
PASTA, RvliChz AP 1 MMA .5BG	4oz spdl (7 ea)	21.51
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: GRILL FEATURE	1 Each	0.0
BURG, Beef AM AP WG 2.25	1 Each	27.0
BURG, Beef AP WG 2.0	1 Each	27.0
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD:VEGETABLES AND FRUITS	each	0.0
VEG GARN: Rom Leaf/Tom 2SI	Serving	2.18
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
VEG: CELERY, Sticks AP 1/4c	1/4 Cup	0.96
FRUIT: SALAD, Orange/Grape1/2c	1/2 Cup	13.13
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		69.98
% of Calories		58.8%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 16

Oct 1, 2018 thru Nov 2, 2018

K-8 LUNCH

Generated on: 9/17/2018 3:44:08 PM

	Portion Size	Carb (g)
Thu - 10/25/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
CHIX Nugget, WG (5) 2.0	5 Each	17.81
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: GRILL FEATURE	1 Each	0.0
QUES 8" Bean WG 2.0	1 Each	55.45
COND_Sour Cream AP	1 TBSP	1.9
VEG: PEPPERS, Jalapeno CndTBSP	1 TBSP	0.47
COND_Salsa, SS 1/4c	1/4 Cup	4.64
HD: DELI FEATURE	1 Each	0.0
SUB AP, AM Rst Veg 2.0	Sandwich	32.19
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD: HOT VEGETABLE	1 EACH	0.0
VEG: Potato, Emoticon 4 pieces	1/2 Cup	17.81
HD:VEGETABLES AND FRUITS	each	0.0
VEG: SALAD, Side RomMix SC1/2c	1/2 Cup	1.42
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
FRUIT: APPLES, Warm Cinn 1/2c	1/2 Cup	29.2
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND_Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		89.27
% of Calories		53.5%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 17

Oct 1, 2018 thru Nov 2, 2018

K-8 LUNCH

Generated on: 9/17/2018 3:44:08 PM

	Portion Size	Carb (g)
Fri - 10/26/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
ORI ChixPop Org WG 2.0	8oz spdl(2 MMA)	40.2
RICE, Plain WG 1BG	1/2 Cup	21.18
HD: GRILL FEATURE	1 Each	0.0
SDW BN, FishPty(C) PlnWG/WG2.0	Sandwich	41.0
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD:VEGETABLES AND FRUITS	each	0.0
VEG GARN: Rom Leaf/Tom 2Sl	Serving	2.18
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
VEG: CELERY, Sticks AP 1/4c	1/4 Cup	0.96
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: PEACHES Dice w/Jc 1/2c	1/2 Cup	14.35
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND PC Sauce, Tartar 12g	1 Each	2.0
COND Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		91.42
% of Calories		57.6%
Nutrient Guideline		

Mon - 10/29/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
PIZZA AP Wdg Chz WG	Pizza	37.0
HD: GRILL FEATURE	1 Each	0.0
CHIX Tender, Frit G (3) WG 2.0	3 Each	18.26
COND_Sauce, BBQ Original AP	1 TBSP	9.0
BRD: BRDSTK DG, RipStk1ea(1BG)	Breadstick	14.0
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD:VEGETABLES AND FRUITS	each	0.0
VEG: SALAD, Side RomMix SC1/2c	1/2 Cup	1.42
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
VEG: CELERY, Sticks AP 1/4c	1/4 Cup	0.96
FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	11.73
FRUIT: APPLESAUCE, AP 1/2c	1/2 Cup	22.52
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg French 12g	1 Each	3.0
COND PC Drsg Italian 12g	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND Sauce, Hot Cayenne AP	1 TBSP	0.67

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Oct 1, 2018 thru Nov 2, 2018

Base Menu Spreadsheet

K-8 LUNCH

Portion Values - Detailed

Page 18

Generated on: 9/17/2018 3:44:08 PM

	Portion Size	Carb (g)
Weighted Daily Average		78.32
% of Calories		54.7%
Nutrient Guideline		

Tue - 10/30/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
NACHOS NAEChixDcd Bn Scp 2.0	Each	49.25
NACHOS Bean Scp 2.0	1 Each	54.68
COND_Sour Cream AP	1 TBSP	1.9
VEG: PEPPERS, Jalapeno CndTBSP	5 TBSP	2.33
COND_Salsa, SS 1/4c	1/4 Cup	4.64
HD: GRILL FEATURE	1 Each	0.0
BURG, Beef AM AP WG 2.25	1 Each	27.0
BURG, Beef AP WG 2.0	1 Each	27.0
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD: HOT VEGETABLE	1 EACH	0.0
VEG: BEANS, Pinto Charro1/2c	1/2 Cup	24.91
HD:VEGETABLES AND FRUITS	each	0.0
VEG: CORN, Mexicali FMLGX 1/4c	1/4 CUP	7.39
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
FRUIT: APPLE, Slcd IW 2oz	1 Each	7.0
FRUIT: CRAISINS, SS 1.16	Box (1.16oz)	28.0
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Mustard 6g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND_Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		95.42
% of Calories		58.8%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Base Menu Spreadsheet

Portion Values - Detailed

Page 19

Oct 1, 2018 thru Nov 2, 2018

K-8 LUNCH

Generated on: 9/17/2018 3:44:09 PM

	Portion Size	Carb (g)
Wed - 10/31/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
CHIX Drum BBQChiliLime SC	1 Each	6.62
CHIX Drum Frnks RedHot ES	1 Each	3.19
CHIX Drum Swt Thai Chili ES	1 Each	6.2
RICE, Brown&QuinoaRstd WG 1 BG	1/2 Cup	19.92
HD: GRILL FEATURE	1 Each	0.0
MELT BD, Tuna AM 2.0	Sandwich	27.45
HD: DELI FEATURE	1 Each	0.0
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD:VEGETABLES AND FRUITS	each	0.0
VEG: BROCCOLI, Fresh 1/4c	1/4 Cup	1.06
VEG: BEANS, Black Zsty 1/4c	1/4 Cup	16.8
VEG: CELERY, Sticks AP 1/4c	1/4 Cup	0.96
FRUIT: APPLES, Warm Cinn 1/2c	1/2 Cup	29.2
FRUIT: BANANA (100-120ct) Whl	Each(100-120ct)	24.11
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		81.29
% of Calories		55.7%
Nutrient Guideline		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# ARAMARK - 1 - CPS

Oct 1, 2018 thru Nov 2, 2018

Base Menu Spreadsheet

K-8 LUNCH

Portion Values - Detailed

Page 20

Generated on: 9/17/2018 3:44:09 PM

	Portion Size	Carb (g)
Thu - 11/01/2018		
K-8 LUNCH	Total	
HD: HOME FEATURE	1 Each	0.0
BRD: PANCAKES, AP WG (2BG)	2 Pancake	27.33
CHIX Patty, Brd Hmstl 2.0 2 ea	Sandwich	5.4
COND PC Syrup 1.4oz Smuckers	1 Each	29.0
HD:OR	1 each	0.0
BRD: PANCAKES, AP WG (2BG)	2 Pancake	27.33
EGG: Omelet CH AP 2.0	1 Each	1.0
COND PC Syrup 1.4oz Smuckers	1 Each	29.0
HD: GRILL FEATURE	1 Each	0.0
SDW BN, ChixPty Pln WG/WG 2.0	Sandwich	42.0
HD: HOT VEGETABLE	1 EACH	0.0
VEG: Potato, Emoticon 4 pieces	1/2 Cup	17.81
HD: DELI FEATURE	1 Each	0.0
SUB AP, TkySI FAW KaBoom 2.0	1 Each	34.05
SDW BD, PBJ WG 2.0	Sandwich	64.64
HD:VEGETABLES AND FRUITS	each	0.0
VEG GARN: Rom Leaf/Tom 2SI	Serving	2.18
VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	2.92
FRUIT: SALAD, Orange/Grape1/2c	1/2 Cup	13.13
FRUIT: PEARS, Dice w/cnm 1/2c	1/2 Cup	16.4
HD: CHOICE OF MILK	1 Each	0.0
MILK SS, 1% White 8oz	Carton	12.0
MILK SS, Skim 8oz	Carton	12.0
MILK SS, Skim Chocolate	Carton	20.0
HD: CONDIMENT CHOICES	1 Each	0.0
COND PC Ketchup 9g Heinz	1 Each	3.0
COND PC Mustard 6g	1 Each	1.0
COND PC Mayonnaise 12g	1 Each	1.0
COND PC Drsg Ranch 12g	1 Each	1.0
COND Sauce, Hot Cayenne AP	1 TBSP	0.67
Weighted Daily Average		93.40
% of Calories		59.2%
Nutrient Guideline		

Weighted Average		82.19
		55.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	82.19	54.96%						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.